Friday Night Boogie (2005)

拍數: 32

牆數: 4 編舞者: Levi J. Hubbard (USA)

音樂: Just Got Paid - *NSYNC



RODEO KICKS (RIGHT), (RIGHT) SAILOR STEP, RODEO KICKS (LEFT), (LEFT) SAILOR STEP

級數: Intermediate

- Right kick slightly across left foot 1
- 2 Right - kick slightly out to side
- 3 Right - cross step behind left foot
- &4 Left - step slightly out to side, step right slightly out to side
- 5 Left - kick slightly across right foot
- 6 Left - kick slightly out to side
- Left cross step behind right foot 7
- &8 Right - step slightly out to side, step left slightly out to side

JUMP FORWARD, HOLD, JUMP BACK, HOLD, SYNCOPATED JUMPS MOVING BACK

- Jump forward landing right then left touching next to right &9
- 10 Hold (for 1 count)
- &11 Jump backward landing left the right touching next to left
- 12 Hold (for 1 count)
- & Right - jump slightly back at an angle
- 13 Left - touch together while clicking fingers
- & Left - jump slightly back at an angle
- 14 Right - touch together while clicking fingers
- & Right - jump slightly back at an angle
- 15 Left - touch together while clicking fingers
- Left jump slightly back at an angle &
- 16 Right - touch together while clicking fingers

SYNCOPATED CROSS STEPS (RIGHT AND LEFT)

- 17 Right - step to side
- 18 Left - cross step behind right foot
- & Right - step to side
- 19 Left - cross step over right foot
- &20 Right - step slightly backward, while touching left heel forward or touch together
- 21 Left - step to side
- 22 Right - cross step behind left foot
- & Left - step to side
- 23 Right - cross step over left foot
- &24 Left - step slightly backward, while touching right heel forward or touch together

HIP WALKS FORWARD, BOOGIE STAR TURN (LEFT)

- 25 Right - step slightly forward, while bumping right hip forward
- 26 Right - bump hip forward again
- 27 Left - step slightly forward, while bumping left hip forward
- 28 Left - bump hip forward again
- 29 Right - touch toe out to side
- &30 Right - step together, while touching left toe out to side
- &31 Left - step together, while making 1/4 turn left touching right toe to the back
- &32 Right - step together, while touching left heel forward
- Left step together going into count 1 of the dance &

REPEAT