

"Go" To The Max

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Thelma Max (USA)
音樂: Big Bang Boogie - The Judds



HITCH-HIKERS; RIGHT 2X, LEFT 2X, HAND JIVE; CROSS RIGHT 2X, LEFT 2X

1-2 Feet slightly apart-transfer weight to left side hitch-hiking right thumb over right shoulder 2x
3-4 Transfer weight to right side hitch-hiking left thumb over left shoulder 2x
5-6 Palms down, waist high, cross right hand over left 2x,
7-8 Palms down, waist high, cross left hand over right hand 2x
On counts 5-6-7-8, transfer weight from side to side

JUMP PUSH BACK, HOLD, JUMP PUSH BACK, HOLD, HEEL SWIVELS RIGHT/LEFT/RIGHT/LEFT WITH ¼ TURN RIGHT

1-2 Jump push back, placing both hands above knees, hold
3-4 Jump, push back, hands remain above knees, hold
5-6-7-8 On balls of both feet, swivel right, swivel left, swivel right, swivel left ¼ turn right, weight right (hands remain above knees)

TOE SIDE TOUCH LEFT/BEHIND, RIGHT/BEHIND, LEFT/FRONT, RIGHT FRONT

1-2 Touch left toes to left side, step left behind right
3-4 Touch right toes to right side, step right behind left
5-6 Touch left toes to left side, step left front of right
7-8 Touch right toes to right side, step right front of left

HEEL DIGS LEFT SIDE 2X, RIGHT SIDE, BACKWARD SWING-WALK WITH FORWARD HEEL TAP LEFT/RIGHT/LEFT, LEFT BACK/RECOVER

1-2 Dig left heel 2x, ¼ turn left (12:00)
&3-4 Step left (3:00), dig right heel 2x, ¼ turn right (6:00)
&5&6 Moving backward, swinging arms like fast walker--step back right, tap left heel front, & step back, tap right heel front
&7&8 Step back right, tap left heel front, & step back on ball of left, step right forward (recover)

JUMP FORWARD, JUMP-CROSS/UNWIND, ½ TURN LEFT, CLAP, FUNKY 360 (STOMP) TURN RIGHT

1-2 Jump forward feet apart, jump-cross right over left
3-4 Unwind ½ turn left (9:00), hold/clap
5-6-7-8 Making a full turn right, stomp right-left-right-apart left
"Funky" style turn is done with knees bent, ending with weight on left to extended left side

FOOT BOOGIE; HEEL RIGHT/LEFT, TOE RIGHT/LEFT, JUMP FORWARD-FEET APART, HOLD, JUMP FORWARD-FEET TOGETHER, YELL "GO"

1-2 Feet shoulder width apart and parallel--move right heel to center, move left heel to center
3-4 Move right toe to center, move left toe to center
5-6 Jump forward, feet apart with crossed arms behind back, hold
7-8 Jump forward, feet together, hold/push right arm forward/yell "go"

REPEAT