

Go To Pieces

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Keith Cross (UK)
音樂: I Fall to Pieces - LeAnn Rimes



HEEL SWITCHES, TOE BACK, CROSS ROCK, CHASSE RIGHT

1&2& Touch right heel forward, step right in place, touch left heel forward, step left in place
3&4& Touch right toe back, step right in place, touch left heel forward, step left in place
5-6 Cross rock right over left, recover weight back onto left foot
7&8 Step right to right side, close left to right, step right to right side

HEEL SWITCHES, TOE BACK, CROSS ROCK, CHASSE LEFT WITH ¼ TURN LEFT

9&10& Touch left heel forward, step left in place, touch right heel forward, step right in place
11&12& Touch left toe back, step left in place, touch right heel forward, step right in place
13-14 Cross rock left over right, recover weight back onto right foot
15&16 Step left to left side, close right to left, step left to left side turning ¼ to left

SWAY WALKS, RIGHT SHUFFLE FORWARD, LEFT ROCK STEP, ¾ TURN LEFT

17-18 Walk forward on right (sway hips to right), walk forward on left (sway hip to left)
19&20 Step right forward, close left to right, step right forward
21-22 Rock forward on left foot, recover weight back onto right foot
23&24 Triple ¾ turn to left stepping on left right left (12:00)

RIGHT ROCK STEP, FULL TRIPLE TURN, LEFT ROCK STEP, ½ TRIPLE TURN LEFT

25-26 Rock forward on right foot, recover weight back onto left foot
27&28 Full triple turn right stepping on right left right (12:00)
29-30 Rock forward on left foot, recover weight back onto right foot
31&32 Turn ½ triple turn left stepping on left right left (6:00)

TOE STRUTS TWICE, RIGHT KICK, ¼ ROCK TURN, WALK FORWARD RIGHT, LEFT

33-34 Step forward on ball of right foot, step right heel down (toe strut)
35-36 Step forward on ball of left, step left heel down (toe strut)
37&38 Kick right foot forward, step right to right side (&), turn ¼ over left shoulder rocking forward onto left foot
39-40 Walk forward on right, walk forward on left

SYNCOPATED KICKBALL POINTS, HEEL & HITCH & HEEL & HEEL & STEP LEFT FORWARD

41&42 Kick right foot forward, step on ball of right in place, point left toe to left side
&43&44 Step left in place, kick right foot forward, step on ball of right in place, point left toe to left side
&45&46 Step left in place, touch right heel forward, step right in place, hitch left knee
&47&48 Step back on left, touch right heel forward, step right in place, step left foot forward

STEP RIGHT ½ PIVOT, RIGHT SHUFFLE FORWARD, LEFT ROCK STEP, LEFT COASTER STEP

49-50 Step forward on right, pivot ½ turn to left (weight now on left) (9:00)
51&52 Step right forward, close left to right, step right forward
53-54 Rock forward on left, recover weight back onto right
55&56 Step back on left foot, step right back next to left, step left forward

STEP RIGHT, ½ PIVOT, RIGHT SHUFFLE, LEFT ROCK STEP, LEFT COASTER STEP

57-58 Step forward on right foot, pivot ½ turn to left (weight now on left) (3:00)
59&60 Step forward, close left to right, step right forward

61-62

Rock forward on left, recover weight back onto right

63-64

Step back on left foot, step right back next to left, step left forward

REPEAT
