

Go On!

拍數: 64 牆數: 2 級數: Improver contra dance
編舞者: Franck S. (CAN)
音樂: Go On - Delbert McClinton



INTRO

(SIDE, PAUSE, TOGETHER, PAUSE & CLAP) TWICE

- 1-2-3-4 Make a big step to right on right foot, pause, step together on left, pause & clap hands
5-6-7-8 Make a big step to left on left foot, pause, step together on right, pause & clap hands
9-32- Repeat 3 times for the intro

THE MAIN DANCE

SIDE, CROSS, TRIPLE STEP, ½ TURN, ½ TURN

- 1-2-3&4 Step to right on right foot, cross left behind right, triple step on right, left, right
5-6-7-8 Step left forward, make ½ turn right on right foot, step left forward, make ½ turn right on right foot

SIDE, CROSS, TRIPLE STEP, ½ TURN, ½ TURN

- 9-10-11&12 Step to left on left foot, cross right behind left, triple step on left, right, left
13-14-15-16 Step right forward, make ½ turn left on left foot, step right forward, make ½ turn left on left foot

JAZZ BOX, PAUSE & CLAP, JAZZ BOX, PAUSE & CLAP

- 17-18-19-20 Cross right across left, step back on left foot, step together on right, pause and clap hands
21-22-23-24 Cross left across right, step back on right foot, step together on left, pause and clap hands

VINE, VINE WITH FULL TURN

- 25-26-27-28 Step right to right, cross left behind right, step right to right, touch left beside right
29-30-31-32 Step ¼ turn left on left, step ¼ turn left on right, step ½ turn left on left, touch right beside left

Make sure to finish on the right of the person in front of you

HIP BUMPS, ½ TURN, HIP BUMPS, ½ TURN

- 33-34-35&36 Hip bump on right, left, right, step left forward, make ½ turn to right on right. (back to back with partner)
37-38-39&40 Hip bump on left, right, left, step right forward, make ½ turn to left on left. (back to back with partner)

HEEL CHANGES, KICK, VINE

- 41&42&43-44 Point right heel in front, step together on right, point left in front, step together on left, cross right in front of left, kick left diagonal on left
45-46-47-48 Cross left in front of right, step right on right, cross left behind right, step right on right

HEEL CHANGES, KICK, VINE

- 49&50&51-52 Point left heel in front, step together on left, point right in front, step together on right, cross left in front of right, kick right diagonal on right
53-54-55-56 Cross right in front of left, step left on left, cross right behind left, step left on left

SHUFFLE X 4

- 57&58-59&60 Shuffle forward on right, left, right, shuffle forward on left, right, left
61&62-63&64 Shuffle forward on right, left, right, shuffle forward on left, right, left

Shuffles are done to change side on the line. Make ½ turn on the last shuffle to face the partner

REPEAT

On the end of 48, stop the vine to right with a touch on right and restart the dance at the beginning
