

# Go On And On

拍數: 64      牆數: 0      級數: Phrased Intermediate  
編舞者: Kathy Kazmarek - July 2000  
音樂: My Heart Will Go On (Tony Moran Mix) - Céline Dion



Sequence: AAA BB AAA BB AA BB AA

## PART A ("KOOL")

1&2&3-4      Kick right foot forward-kick left foot forward, kick right foot forward twice  
&5&6&7-8      Kick left foot forward-kick right foot forward, kick left foot forward twice  
&9-10      Quickly step onto ball of left foot, walk forward-(right-left)  
11&12      Step forward on right foot, step together With left, step back on right foot (coaster step)  
13-14      Walk back-(left-right)  
15&16      Step back on left foot, step together With right, step forward on left foot (coaster step)  
17-18      Step to right on right foot, step behind with left foot  
19&20      Shuffle in place (right-left-right)  
21-22      Step to left on left foot, step behind with right foot  
23&24      Shuffle in place (left-right-left)  
25-26      Grind right heel forward, step onto left foot  
27&28      Shuffle in place (right-left-right)  
29-30      Grind left heel forward, step onto right foot  
31&32      Shuffle in place (left-right-left)

## PART B ("REALLY KOOL")

1      Step forward on right foot at 45 degree angle to right  
2-3&4      Swivel left (heel, toe, heel & toe) towards right foot (weight remains on right foot)  
5      Step forward on left foot at 45 degree angle to left  
6-7&8      Swivel right (heel, toe, heel & toe) towards left foot (weight remains on left foot)  
9&10&11&12      Scoot back-(right-left-right-left)  
13-14      Step onto right foot, across front of left, step back on left foot  
15-16      Step to right on right foot, step together with left foot  
17-18      Step to right on right foot, step behind with left foot  
&19      Quickly step onto ball of right foot, step onto left foot in front of right foot  
20      Step onto right foot next to left  
21-22      Step to left on left foot, step behind with right foot  
&23      Quickly step onto ball of left foot, step onto right foot in front of left foot  
24      Step onto left foot next to right  
25-26      Rock forward onto right foot, step in place on left foot  
27&28      Shuffle - (right-left-right), making ½ turn to the right  
29-30      Rock forward onto left foot, step in place on right foot  
31&32      Shuffle - (left-right-left), making ½ turn to the left

**At the very end of sequence, stomp right foot & fade out to end of music-or be creative & "do your own thing"- such as a body-roll etc.**