

Go Johnny Go!

拍數: 48 牆數: 4 級數: Improver
編舞者: Pat Stott (UK)
音樂: Chuck Berry Medley - The Deans



CHASSE RIGHT, ROCK BACK, RECOVER, DWIGHT STEPS TO LEFT

1&2 Step right to right, close left to right, step right to right
3-4 Rock diagonally back on left, recover on right
5-8 With weight on right swivel to left - tapping left toe next to right with knee turned in, tap left heel with knee turned out, tap left next to right with knee turned in, tap left heel with knee turned out

Optional steps to Dwight steps: either: feet together and swivel to left or vine to left, close

CHASSE LEFT, ROCK BACK, RECOVER, SWIVELS TO RIGHT

1&2 Step left to left, close right to left, step left to left
3-4 Rock diagonally back on right, recover on left
5-8 Close right to left and twist heels to right, twist toes to right, twist heels to right, twist toes to right (weight ends on right)

HEEL, HEEL, BACK, BACK, HEEL, HEEL, BACK, BACK

1-2 Step forward on left heel, step forward onto right heel feet slightly apart)
3-4 Step back on left, step back on right
5-6 Step forward on left heel, step forward onto right heel (feet slightly apart)
7-8 Step back on left, step back on right

Optional arm movements: roll arms round

STEP, HOLD AND CLAP, ½ TURN RIGHT, HOLD AND CLAP, STEP, HOLD AND CLAP, ¼ TURN, HOLD AND CLAP

1-2 Step forward on left, hold and clap hands up (shoulder height)
3-4 1/2 Pivot right (weight on right), hold and clap down towards the floor (as low as you want)
5-6 Step forward on left, hold and clap hands up (shoulder height)
7-8 ¼ pivot right (weight on right), hold and clap (about waist level)

KICK ACROSS, STEP TO SIDE, KICK ACROSS, STEP TO SIDE, KICK ACROSS, POINT TO LEFT, KNEE IN, KNEE OUT

1-2 Kick left across in front of right, step left to left
3-4 Kick right across in front of left, step right to right
5-6 Kick left across in front of right, point left toe to left
7-8 (Keeping left toe to the side) turn left knee in, turn left knee out

For the energetic, replace steps 1-4 with jump and kick at the same time

KNEE IN, HOLD, CROSS STRUT, SIDE STRUT, CROSS STRUT

1-2 Turn left knee in, hold
3-4 Cross left toe over right, lower heel
5-6 Right toe to right, lower heel
7-8 Cross left toe over right, lower heel

REPEAT