

Go Go Go!!

拍數: 72 牆數: 4 級數:
編舞者: Bev Osmond (AUS)
音樂: The Cup of Life - Ricky Martin



FORWARD, PIVOT, KICK & COASTER STEP

1-2-3&4 Step left forward & pivot $\frac{1}{2}$ turn right, kick right foot forward, back right, back left, forward right

FORWARD, PIVOT, KICK & COASTER STEP

5-8 Step left forward & pivot $\frac{1}{2}$ turn right, kick right foot forward, back right, back left together, forward right

PADDLE TURN, ROCK, PADDLE TURN, ROCK & COASTER STEP

9-10 Step left forward and push down on left while turning $\frac{1}{4}$ turn right, rock/step on right

11-12 Step left forward and push down on left while turning $\frac{1}{4}$ turn right, rock/step on right

13-15&16 Rock step left over right, step back on right, back left, back right together, forward left

PADDLE TURN, ROCK, PADDLE TURN, ROCK & COASTER STEP

17-18 Step right forward and push down on right while turning $\frac{1}{4}$ turn left, rock/step on left

19-20 Step right forward and push down on right while turning $\frac{1}{4}$ turn left, rock/step on left

21-23&24 Rock/step right over left, step back on left, back right, back left together, forward right

ROCK, $\frac{3}{4}$ TURN, TURN, ROCK, $\frac{3}{4}$ TURN, TURN, FORWARD, FORWARD, SHUFFLE

25-27&28 Step left forward, step right back turning $\frac{3}{4}$ turn left-step left-right-left

29-31&32 Step right forward, step left back turning $\frac{3}{4}$ turn right-step right-left-right

33-35&36 Walk forward left, right, shuffle forward left-right-left

SAILOR SHUFFLES (X4), ROCK, ROCK

37&38 Step right behind left, left to left side, right to right side

39&40 Step left behind right, right to right side, left to left side

41&42 Step right behind left, left to left side, right to right side

43&44 Step left behind right, right to right side, left to left side

45-46 Rock forward right, rock back on left

47-48 Rock back on right, step forward left

PIVOT, KICK AND COASTER, CROSS OVER & UNWIND, CHA-CHA-CHA

49-50 Step forward right and pivot $\frac{1}{2}$ turn left, kick left foot forward

51&52 Back left, back right together, forward left

53-54 Cross right over left, unwind $\frac{3}{4}$ turn left (weight on right)

55&56 Step left-right-left

VINE RIGHT, SHUFFLE, TURNING VINE LEFT, SHUFFLE FORWARD

57-58 Step right to right side, step left behind right

59&60 Shuffle right-left-right to right

61-62 Step left to left side, step right behind left

63&64 (Turning $\frac{1}{4}$ turn left) shuffle left-right-left forward

FORWARD, TURN, ROCK, CHA-CHA-CHA, TURNING VINE LEFT

65-66 Step right forward, (turning $\frac{1}{4}$ turn left)-rock/step on left

67&68 Right-left-right on spot

69-70 Step left to left side, step right behind left

71-72 Step left to left side, (turning $\frac{1}{2}$ turn. Left)-step right to side

REPEAT

As the song finishes at count 48, do the following

49&50 Rock back right, and turn $\frac{1}{2}$ turn right, step left together
