

Go Girl!

拍數: 32 牆數: 2 級數: Improver
編舞者: Sarah Rowlands
音樂: La Mucara - The Mavericks



Sarah was age 11 when she choreographed this dance.

RIGHT STEP, SLIDE, SAILOR STEP, STEP ½ PIVOT, TRIPLE STEP

- 1-2 Step right to right side, slide left to meet right foot.
3&4 Cross right behind left. Step left to left side. Step right in place. (sailor step)
Optional arm styling, right arm pointing diagonal up, left arm pointing diagonal down
5-6 Step left forward. Half pivot turn over right shoulder. End with weigh on right.
7&8 Step left in place. Step right in place. Step left in place. (triple step)

RIGHT STEP, SLIDE, SAILOR STEP, STEP ½ PIVOT, TRIPLE STEP

- 9-10 Step right to right side, slide left to meet right foot
11&12 Cross right behind left. Step left to left side. Step right in place. (sailor step)
Optional arm styling, right arm pointing diagonal up, left arm pointing diagonal down
13-14 Step left forward. Half pivot turn over right shoulder. End with weigh on right.
15&16 Step left in place. Step right in place. Step left in place.(triple step)

SIDE ROCKS, ¼ TURNING KICK BALL CHANGES

- 17-18 Rock right on right. Rock onto left in place (side rock)
19&20 Kick right forward. Step right in place. Step left quarter to left. (¼ turning kick ball change)
21-22 Rock right on right. Rock onto left in place (side rock)
23&24 Kick right forward. Step right in place. Step left quarter to left. (¼ turning kick ball change)

ROCK STEP, COASTER STEP, CROSS & CROSS

- 25-26 Rock forward on right. Rock back on left.
27&28 Step back right. Close left beside right. Step forward right. (coaster step)
29-30 Rock left on left. Rock onto right in place.
31-32 Cross left in front of right. Step right to side, slightly back. Cross left in front of right.

REPEAT
