

Go For It

拍數: 24 牆數: 4 級數: Improver
編舞者: Mary Kelly (UK)
音樂: Shooting From The Hip - Barry Upton & Wild At Heart



FORWARD WALKS/LEFT VINE AND HALF PIVOT

- 1 Step forward on right foot
- 2 Step forward on left foot
- 3 Step forward on right foot
- 4 Hitch left knee
- 5 Step to left side on left foot
- 6 Step right foot behind left foot
- 7 Step to left side on left foot
- 8 Hitch right knee, at same time, pivot half turn to left on left foot

FORWARD WALKS/LEFT VINE AND HITCH

- 9-12 Repeat counts 1-4
- 13-15 Repeat counts 5-7
- 16 Hitch right knee

ROCK STEPS/HALF TURN/ROCK STEPS/QUARTER TURN

- 17 Rock forward on right foot
- 18 Step back in place on left foot
- 19 Rock forward on right foot
- 20 Hitch left knee, at the same time, pivot half turn to right on right foot
- 21 Rock forward on left foot
- 22 Step back in place on right foot
- 23 Rock forward on left foot
- 24 Hitch right knee, at the same time, pivot quarter turn to left on left foot

REPEAT
