

Go Down Swingin'

拍數: 64 牆數: 2 級數: Improver
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音樂: Go Down Swingin' - Wild Rose



2X FORWARD STEP LOCK-STEP FORWARD-SCUFF

1-2 Step forward onto right foot, lock left foot behind right heel
3-4 Step forward onto right foot, scuff left foot forward
5-6 Step forward onto left foot, lock right foot behind left heel
7-8 Step forward onto left foot, scuff right foot forward

ROCK FORWARD-BACKWARD, STEP BACKWARD, HOLD, 2X BACKWARD TOE STRUTS WITH FINGER CLICKS

1-2 Rock forward onto right foot, rock onto left foot
3-4 Step backward onto right foot, hold
5-6 Step backward onto left toe, drop left heel to floor
7-8 Step backward onto right toe, drop right heel to floor

Counts 6, 8: as you drop heel to floor, click fingers at waist height

GRAPEVINE WITH TOUCH, SIDE-BEHIND-¼ RIGHT FORWARD-TOGETHER

1-2 Step left foot to left side, cross step right foot behind left
3-4 Step left foot to left side, touch right foot next to left
5-6 Step right foot to right side, cross step left foot behind right
7-8 Turn ¼ right & step forward onto right foot, step left foot next to right

ROCK FORWARD-BACKWARD, STEP BACKWARD, HOLD, ROCK BACKWARD-FORWARD, STEP FORWARD HOLD

1-2 Rock forward onto right foot, rock onto left foot
3-4 Step backward onto right foot, hold
5-6 Rock backward onto right foot, rock onto left foot
7-8 Step forward onto left foot, hold

2X SIDE TOUCH-HEEL DROP WITH ARM SWING & FINGER CLICK, SIDE ROCKS, CROSS FORWARD, HOLD

1-2 Touch right toe to right side & lift left heel, drop left heel to floor
3-4 Touch right toe behind left heel & lift left heel, drop left heel to floor
Count 1: swing arms to right, count 2: click fingers, count 3: swing arms to left, count 4: click fingers
5-6 Rock right foot to right side, rock left foot to left side
7-8 Cross step right foot in front of left, hold

2X SIDE TOUCH-HEEL DROP WITH ARM SWING & FINGER CLICK, SIDE ROCKS, CROSS FORWARD, HOLD

1-2 Touch left toe to left side & lift right heel, drop right heel to floor
3-4 Touch left toe behind right heel & lift right heel, drop right heel to floor
Count 1: swing arms to left, count 2: click fingers, count 3: swing arms to right, count 4: click fingers
5-6 Rock left foot to left side, rock right foot to right side
7-8 Cross step left foot in front of right, hold

ROCK FORWARD-BACKWARD, ½ RIGHT FORWARD TOE STRUT, ½ RIGHT BACKWARD TOE STRUT, ROCK BACKWARD-FORWARD

1-2 Rock forward onto right foot, rock onto left foot
3-4 Turn ½ right & step forward onto right toe, drop right heel to floor

5-6 Turn ½ right & step backward onto left toe, drop left heel to floor
7-8 Rock backward onto right foot, rock onto left foot

2X FORWARD TOE STRUTS, JAZZ BOX WITH ¼ RIGHT

1-2 Step forward onto right toe, drop right heel to floor
3-4 Step forward onto left toe, drop left heel to floor
5-6 Cross step right foot over left, step backward onto left foot
7-8 Turn ¼ right & step right foot to right side, step left foot next to right

REPEAT

DANCE FINISH

After count 32 of the 7th wall:

1-3 Step forward onto right foot, pivot ¼ left, step right foot next to left
