

Gloria!

拍數: 96 牆數: 2 級數: Intermediate
編舞者: Lesley Clark (SCO) & Lynn Mackenzie (UK)
音樂: Gloria - Laura Branigan



SIDE ROCK, HEEL BALL CROSS TWICE, DIAGONAL ROCK

1-2 Rock out to right side, recover
3&4 Right heel forward, back in place, cross left over right
5&6 Right heel forward, back in place, cross left over right
7-8 Rock forward right (diagonal), recover

SIDE SHUFFLE, SIDE ROCK, HEEL BALL CROSS TWICE

1&2 Side shuffle right
3-4 Rock out to left side, recover
5&6 Left heel forward, back in place, cross right over left
7&8 Left heel forward, back in place, cross right over left

DIAGONAL ROCK, SIDE SHUFFLE, ¼ TURN KICK-BALL CHANGE TWICE

1-2 Rock forward left (diagonal), recover
3&4 Side shuffle left
5&6 Right kick-ball change with ¼ turn left
7&8 Right kick-ball change with ¼ turn left

FORWARD ROCK, ½ TURN SHUFFLE, FORWARD ROCK, ½ TURN SHUFFLE

1-2 Rock forward right, recover
3&4 ½ turn shuffle over right shoulder
5-6 Rock forward left, recover
7&8 ½ turn shuffle over left shoulder

SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE CROSS

1-2 Rock out to right side, recover
3&4 Step right behind left, step left, step right in front
5-6 Rock out to left side, recover
7&8 Step left behind right, step right, step left in front

¼ PIVOT, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2 Step forward right, pivot ¼ turn left, (weight on left)
3&4 Cross shuffle left
5-6 Rock out to left side, recover
7&8 Cross shuffle right

FORWARD ROCK, FULL TURN, FORWARD ROCK, ¾ TURN

1-2 Rock forward right, recover
3&4 Full turn right on a right, left, right
5-6 Rock forward left, recover
7&8 ¾ turn left on a left, right, left

HEEL SWITCHES, ¼ PIVOT, HEEL SWITCHES, ½ PIVOT

1&2& Right heel forward, back in place, left heel forward, back in place
3-4 Step forward right, pivot ¼ turn left
5&6& Right heel forward, back in place, left heel forward, back in place

7-8 Step forward right, pivot $\frac{1}{2}$ turn left

FORWARD ROCK, COASTER STEP, FORWARD ROCK, FULL TURN

1-2 Rock forward right, recover

3&4 Right coaster step

5-6 Rock forward left, recover

7&8 Full turn left on a left, right, left

FORWARD ROCK, $\frac{3}{4}$ TURN, HEEL SWITCHES, $\frac{1}{2}$ PIVOT

1-2 Rock forward right, recover

3&4 $\frac{3}{4}$ turn right on right, left, right

5&6& Left heel forward, back in place, right heel forward, back in place

7-8 Step forward left, pivot $\frac{1}{2}$ turn right

HEEL SWITCHES, $\frac{1}{4}$ PIVOT TWICE, BEHIND SIDE CROSS

1&2& Left heel forward, back in place, right heel forward, back in place

3-4 Step forward left, pivot $\frac{1}{4}$ turn right

5-6 Step forward left, pivot $\frac{1}{4}$ turn right

7&8 Step left behind right, step right, step left in front

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2 Rock out to right side, recover

3&4 Cross shuffle left

5-6 Rock out to left side, recover

7&8 Cross shuffle right

REPEAT
