Glady's Waltz

拍數: 48

級數: Improver waltz

編舞者: Lynda Hodges (AUS)

音樂: Cattle Call - LeAnn Rimes With Eddy Arnold

This dance dedicated is to & inspired by one of the founders of our line dance group, Glad Munro, who is over 70 & loves this song.

- 1-2-3 Step forward on left, kick right foot forward, hold
- 4-5-6 Step back on right, bring left foot across right shin, hold
- 1-2-3 Step forward on left turning ¹/₂ turn left, step right left together
- 4-5-6 Step back on right, step left, right together (facing 6:00 wall)
- 1-2-3 Step forward on left, kick right foot forward, hold
- 4-5-6 Step back on right, bring left foot across right shin, hold
- 1-2-3 Step forward on left turning ½ turn left, step right left together
- 4-5-6 Step back on right, step left, right together (facing original wall)
- 1-2-3 Cross left over right, step right to right side, step left together
- 4-5-6 Cross right over left turning ¼ turn right, step left to left side, step right together
- 1-2-3 Cross left over right, step right to right side, step left together
- 4-5-6 Cross right over left turning ¼ turn right, step left to left side, step right together (facing the 6:00:00 wall)
- 1-2-3 Step left across right, step right to right side, step left behind right
- 4-5-6 Step right to right side, slide left next to right for 2 beats
- 1-2-3 Step left to left side, slide right next to left for 2 beats
- 4-5-6 Step right to right side, slide left next to right for 2 beats keeping weight on right

REPEAT

RESTART

During the 5th wall, complete the first 24 beats and then restart the dance from the beginning. This 24 beats will be danced through the instrumental with the restart coinciding with the singing of Eddy Arnold. You will be facing the front wall at this time.





牆數:2