

Glad All Over

拍數: 32 牆數: 4 級數: Beginner
編舞者: John Robinson (USA)
音樂: Love Is the Groove - Cher



RIGHT STEP FORWARD, PIVOT ½ LEFT, RIGHT STEP FORWARD WITH HIP SHAKE, LEFT STEP FORWARD WITH HIP SHAKE, RIGHT STEP, HOLD/CLAP, LEFT STEP, HOLD/CLAP

- 1-2 Step right forward, pivot ½ left shifting weight to left
- 3&4 Right touch forward ball of foot, shaking hips right twice (finish with weight on right)
- 5&6 Left touch forward ball of foot, shaking hips left twice (finish with weight on left foot)
- 7-8 Step right forward, hold position/clap hands
- 9-10 Step left forward, hold position/clap hands

RIGHT STEP FORWARD, PIVOT ½ LEFT, RIGHT STEP FORWARD WITH HIP SHAKE, LEFT STEP FORWARD WITH HIP SHAKE, RIGHT STEP, HOLD/CLAP, LEFT STEP, HOLD/CLAP

This is an exact repeat of the first 10 steps of the dance

- 1-2 Step right forward, pivot ½ left shifting weight to left
- 3&4 Right touch forward ball of foot, shaking hips right twice (finish with weight on right)
- 5&6 Left touch forward ball of foot, shaking hips left twice (finish with weight on left foot)
- 7-8 Step right forward, hold position/clap hands
- 9-10 Step left forward, hold position/clap hands

RIGHT CROSS ROCK, RECOVER, RIGHT SIDE STEP, LEFT TOUCH, LEFT SIDE STEP, RIGHT TAP BEHIND, RIGHT SIDE STEP, LEFT TAP BEHIND

- 1-2 Right rock forward across left on ball of foot, left step in place
 - 3-4 Right step side right, left touch next to right
 - 5-6 Left step side left, right toe tap behind left heel
 - 7-8 Right step side right, left toe tap behind right heel
- Option: you may snap your fingers on the toe taps (counts 6 and 8)**

LEFT SIDE STEP, RIGHT CROSS BEHIND, LEFT STEP ¼ TURN LEFT, RIGHT TOUCH

- 1-2 Left step side left, right step across behind left
- 3-4 Left step ¼ turn left, right touch next to left

REPEAT
