

Give Me Credit

拍數: 64 牆數: 0 級數:
編舞者: Shaz Walton (UK)
音樂: Red Dress - Sugababes



KNEE POP, KNEE POP, STEP, CROSS, POINT, HITCH, TOUCH, LEFT SWIVEL, STEP, TOUCH, RIGHT, SWIVEL

1-2 With feet apart pop right knee towards left, pop left towards right, (Elvis knees)
&3-4 Step left beside right, cross step right over left, point left to left side
&5&6 Hitch left, touch left toe forward, swivel left heel to left, swivel left heel to right
&7&8 Step left beside right, touch right toe forward, swivel right heel to right, swivel right heel to left

STEP, TOUCH, LEFT SWIVEL, STEP, TOUCH, STEP, TOUCH, HITCH, STROLL BACK LEFT-RIGHT-LEFT, TOUCH

&1&2 Step right beside left, touch left toe forward, swivel left heel to left, swivel left heel to right
&3&4 Step left beside right, touch right toe forward, step right beside left, touch left toe forward
&5-6-7-8 Hitch left knee, step back on left, step back on right, step back on left, touch right beside left

SIDE BEHIND ¼ TURN, POINT, HOLD, ½ TURN, POINT, HOLD, ¼ TURN LUNGE, HITCH

1-2 Step right to right side, cross step left behind right
&3-4 Step right beside left making a ¼ turn right, touch left forward, hold
&5-6 Make ½ turn right, stepping left beside right, touch right forward, hold
&7-8 Make ¼ turn right, stepping right beside left, point left to left side as you lunge, hitch left

SIDE, BEHIND, STEP, CROSS, SIDE, SAILOR ½ TURN RIGHT, ½ TURN SPIN, SHRUG

1-2 Step left to left, cross step right behind left
&3-4 Step left beside right, cross step right in front of left, step left to left side
5&6 Cross step right behind left making ¼ turn right, step left beside right making ¼ turn right, cross step right over left
7 On the ball of right make a quick ½ turn right, stepping left beside right
&8 Raise heels of both feet, bending knees, drop heels, (shrug your shoulders too,)

SIDE, TOUCH, (SNAKE ROLL WITH SIT) ROCK BACK, RECOVER, DIAGONAL WALKS, ½ TURN, 1/8 TURN, FLICK

1-2 Step left to left (sit over your left hip), touch right beside left as you turn 1/8 turn right
Alternatively you can snake roll to the left & finish in a sitting position over your left hip
3-4 Facing right diagonal rock back on right, recover on left
5-6 Toward right diagonal walk forward right, walk forward left
7 Make ½ turn right (you will now be facing right diagonal back) (weight stays back on left)
&8 Step right beside left as you touch your left foot out into a left flick, (pendulum)

You have now straightened up to face the back wall

1st restart happens here during wall 2

CROSS, SIDE, CROSS SHUFFLE, CROSS STEP, POINT, TOUCH BEHIND ½ TURN LEFT

1-2 Cross step left over right, step right to right side
3&4 Cross step left over right, step right to right, cross step left over right
5-6 Cross step right over left, touch left forward
7-8 Touch left backward, make ½ left, (left leg still extended forward)

2nd restart happens here during wall 3

STEP, ROCKING CHAIR, FUNKY WALKS TWICE, LOOK DOWN, LOOK UP

&1-2 Step left beside right, rock forward on right, recover on left

3-4 Rock back on right, recover on left

5-6 Step right forward as you roll knee to the right, step forward on left rolling knee anti to the right

Feet should be slightly apart now

7-8 Look down, look up

STEP, CROSS, TURN ½ LEFT, LEFT SAILOR STEP, CROSS POINT, STEP, CROSS POINT, STEP

&1-2 Step left beside right, cross step right over left, unwind ½ turn left

3&4 Cross step left behind right, step right to right side, step left to left

5-6 Cross point right over left, (bend both knees) step right to right side

7-8 Cross point left over right (bend both knees) step left to left side

REPEAT

RESTART

During wall 2, dance to count 40. Replace the &8 (the flick) with

&8 Step right to right side, step left to left side

Start the dance again from the beginning

RESTART

During wall 3, dance to count 48. After executing the ½ turn left, instead of extending left leg forward, step left to left side & start the dance from the beginning
