Give Me Credit

級數:

拍數: 64

編舞者: Shaz Walton (UK)

音樂: Red Dress - Sugababes

KNEE POP, KNEE POP, STEP, CROSS, POINT, HITCH, TOUCH, LEFT SWIVEL, STEP, TOUCH, RIGHT, SWIVEL

- 1-2 With feet apart pop right knee towards left, pop left towards right, (Elvis knees)
- &3-4 Step left beside right, cross step right over left, point left to left side

牆數: 0

- &5&6 Hitch left, touch left toe forward, swivel left heel to left, swivel left heel to right
- &7&8 Step left beside right, touch right toe forward, swivel right heel to right, swivel right heel to left

STEP, TOUCH, LEFT SWIVEL, STEP, TOUCH, STEP, TOUCH, HITCH, STROLL BACK LEFT-RIGHT-LEFT, TOUCH

- &1&2 Step right beside left, touch left toe forward, swivel left heel to left, swivel left heel to right &3&4 Step left beside right, touch right toe forward, step right beside left, touch left toe forward
- &5-6-7-8
- Hitch left knee, step back on left, step back on right, step back on left, touch right beside left

SIDE BEHIND ¼ TURN, POINT, HOLD, ½ TURN, POINT, HOLD, ¼ TURN LUNGE, HITCH

- 1-2 Step right to right side, cross step left behind right
- &3-4 Step right beside left making a 1/4 turn right, touch left forward, hold
- &5-6 Make ¹/₂ turn right, stepping left beside right, touch right forward, hold
- &7-8 Make 1/4 turn right, stepping right beside left, point left to left side as you lunge, hitch left

SIDE, BEHIND, STEP, CROSS, SIDE, SAILOR ½ TURN RIGHT, ½ TURN SPIN, SHRUG

- 1-2 Step left to left, cross step right behind left
- &3-4 Step left beside right, cross step right in front of left, step left to left side
- 5&6 Cross step right behind left making 1/4 turn right, step left beside right making 1/4 turn right, cross step right over left
- 7 On the ball of right make a quick 1/2 turn right, stepping left beside right
- &8 Raise heels of both feet, bending knees, drop heels, (shrug your shoulders too,)

SIDE, TOUCH, (SNAKE ROLL WITH SIT) ROCK BACK, RECOVER, DIAGONAL WALKS, ½ TURN, 1/8 TURN, FLICK

1-2 Step left to left (sit over your left hip), touch right beside left as you turn 1/8 turn right Alternatively you can snake roll to the left & finish in a sitting position over your left hip

- 3-4 Facing right diagonal rock back on right, recover on left
- 5-6 Toward right diagonal walk forward right, walk forward left
- 7 Make ¹/₂ turn right (you will now be facing right diagonal back) (weight stays back on left)
- &8 Step right beside left as you touch your left foot out into a left flick, (pendulum)

You have now straightened up to face the back wall

1st restart happens here during wall 2

CROSS, SIDE, CROSS SHUFFLE, CROSS STEP, POINT, TOUCH BEHIND ½ TURN LEFT

- 1-2 Cross step left over right, step right to right side
- 3&4 Cross step left over right, step right to right, cross step left over right
- 5-6 Cross step right over left, touch left forward
- 7-8 Touch left backward, make ¹/₂ left, (left leg still extended forward)

2nd restart happens here during wall 3

STEP, ROCKING CHAIR, FUNKY WALKS TWICE, LOOK DOWN, LOOK UP

&1-2 Step left beside right, rock forward on right, recover on left



- 3-4 Rock back on right, recover on left
- 5-6 Step right forward as you roll knee to the right, step forward on left rolling knee anti to the right

Feet should be slightly apart now

7-8 Look down, look up

STEP, CROSS, TURN ½ LEFT, LEFT SAILOR STEP, CROSS POINT, STEP, CROSS POINT, STEP

- &1-2 Step left beside right, cross step right over left, unwind ½ turn left
- 3&4 Cross step left behind right, step right to right side, step left to left
- 5-6 Cross point right over left, (bend both knees) step right to right side
- 7-8 Cross point left over right (bend both knees) step left to left side

REPEAT

RESTART

During wall 2, dance to count 40. Replace the &8 (the flick) with&8Step right to right side, step left to left side

Start the dance again from the beginning

RESTART

During wall 3, dance to count 48. After executing the ½ turn left, instead of extending left leg forward, step left to left side & start the dance from the beginning