Give Me A Sign



拍數: 36 牆數: 4 級數: Improver

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音樂: Eternal Flame - Atomic Kitten



ROCK FORWARD RIGHT, RECOVER ½ TURN RIGHT STEP FORWARD, ½ TURN RIGHT COASTER

1&2 Rock forward right, recover back left making half turn right on ball of left foot, step forward on

right, hold

3&4 Make ½ turn right (on ball of right foot) and step back left foot, join right foot to left foot, step

forward left foot

ROCK SIDE RIGHT, RECOVER, CROSS; ROCK SIDE LEFT, RECOVER, CROSS

Rock right foot to right side, recover left foot, step across left with right Rock left foot to left side, recover right foot, step across right with left

SIDE BEHIND STEP TURN STEP 1 1/4 TURN, ROCK FORWARD RECOVER STEP, ROCK BACK RECOVER STEP

1-2 Step side right, cross and step left foot behind right

3&4 Step forward right making ¼ turn right, join left to right making ½ turn right, pivot on ball of left

foot making ½ turn right, step forward right foot

Rock forward left, recover back right, small step in place left Rock forward right, recover back left, small step in place right Instead of 1 ¼ turn perform shuffle to right side with ¼ turn right on third step

ROCK RECOVER CROSS, SIDE BEHIND SHUFFLE RIGHT, SPOT TURN RIGHT

Rock left foot to left side, recover weight onto right foot, cross left foot over right

3-4 Step to side on right foot, cross and step left foot behind right

5&6 Step to side on right foot, close left foot to right foot, small step to side on right foot

7-8 Step left foot across right foot making ½ turn right, step right foot in place making ½ turn right

Instead of doing spot turn you could just rock forward on the left foot and recover

SHUFFLE LEFT, ROCK BACK, FORWARD, FORWARD BACK, BACK FORWARD

Step to side on left foot, close left foot to right foot, small step to side on left foot

3-6 Rock back right foot, recover weight forward left foot; rock forward right foot, recover weight

back left foot

7-8 Rock back right foot, recover weight forward left foot

SIDE RECOVER CROSS, STEP FORWARD

1-3 Rock to side on right foot, recover weight onto left foot, cross right foot over left

4 Step forward on left foot

REPEAT