

Give Me A Break

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver two step
編舞者: Nancy Morgan (USA)
音樂: I Brake for Brunettes - Rhett Akins



STEP, ½ TURN, KICK-BACK-TOUCH, SWIVEL, SWIVEL ¼ TURN, KICK-BACK-TOUCH

1-2 Step forward on right, pivot ½ turn to your left (weight is on left)
3&4 Kick right foot forward-step back on right-touch left toe next to right instep
5-6 Swivel both feet to right then left ¼ turn
7&8 Kick right foot forward-step back on right-touch left toe next to right instep

SWIVEL, SWIVEL ¼ TURN, 2 KICK-BALL-CHANGES MOVING FORWARD, SIDE ROCK

1-2 Swivel both feet to right then left ¼ turn
3&4 Kick right foot forward-step right next to left-step forward on left (weight is on left)
5&6 Kick right foot forward-step right next to left-step forward on left (weight is on left)
7-8 Rock/step right foot out to right side and back to left (weight is on left)

2 SAILOR SHUFFLES, FORWARD ROCK, COASTER STEP

1&2 Step right behind left, step left to left side, step right foot to right side and slightly forward
3&4 Step left behind right, step right to right side, step left foot to left side and slightly forward
5-6 Rock/step forward on right and back on left
7&8 Step back on right, back on left, back on right

STEP, ½ TURN, STEP, ½ TURN, ROCK/STEP ¼ TURN, SAILOR SHUFFLE

1-2 Step forward on left, pivot ½ turn to your right (weight in on left)
3-4 Step forward on left, pivot ½ turn to your left (weight back on right)
5-6 Rock/step left foot to left side as you turn ¼ turn to your left, step right foot to right side
7&8 Step left behind right, step right to right side, step left foot to left side and slightly forward

REPEAT
