

# Give It Up

拍數: 80      牆數: 2      級數: Intermediate  
編舞者: Liam Hrycan (UK)  
音樂: Give It Up or Let Me Go - The Chicks



- 1            Cross left foot over right foot
- 2            Step right foot to right side
- 3            Cross left foot behind right foot
- 4            Step right foot to right side
- 5            Cross left foot over right foot
- 6            Touch right toe out to right side
- 7            Cross right foot over left foot
- 8            Unwind a ½ turn left (weight ends up on right foot)
  
- 9-16        Repeat steps 1-8
  
- 17          Cross left foot over right foot
- 18          Hold position and clap hands
- 19          Step right foot to right side
- 20          Hold position and clap hands
- 21-23      Cross left foot behind right foot, step right foot to right side, step left foot in place
- 24          Scuff right foot forward
- 25          Cross right foot over left foot
- 26          Hold position and clap hands
- 27          Step left foot to left side
- 28          Hold position and clap hands
- 29-31      Cross right foot behind left foot, step left foot to left side, step right foot in place
- 32          Scuff left foot forward
  
- 33-36      Jazz box with a ¼ turn left, scuff right foot forward
  
- 37-40      Jazz box on the spot, scuff left foot forward (or stomp with slower music)
  
- 41          Step left foot forward
- 42          Pivot ½ turn right
- 43          Step left foot forward
- 44          Pivot ½ turn right
- 45          Stomp left foot forward
- 46          Touch right toe beside left foot
- 47          Touch right toe out to right side
- 48          Touch right toe beside left foot
  
- 49-52      Jazz box with a ¼ turn right, scuff left foot forward
  
- 53-56      Jazz box on the spot, scuff right foot forward (or stomp with slower music)
  
- 57          Step right foot forward
- 58          Pivot ½ turn left
- 59          Step right foot forward
- 60          Pivot ½ turn left
- 61          Stomp right foot forward

62 Touch left toe beside right foot

63 Touch left toe out to left side

64 Touch left toe beside right foot

**Add bounce to steps 65-80**

65 Cross rock left foot over right foot

66 Recover back onto right foot

67 Step left foot a  $\frac{1}{4}$  turn left to left side

68 Hold position and clap hands

69 Step right foot forward

70 Pivot  $\frac{1}{2}$  turn left

71 Stomp right foot forward

72 Stomp left foot forward

73 Cross rock right foot over left foot

74 Recover back onto left foot

75 Step right foot a  $\frac{1}{4}$  turn right to right side

76 Hold position and clap hands

77 Step left foot forward

78 Pivot  $\frac{1}{2}$  turn right

79 Step left foot forward

80 Pivot  $\frac{1}{4}$  turn right (weight ends on right foot)

**REPEAT**

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