

Git Yer Cowboy On

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver hustle
編舞者: Steven E. Falzone
音樂: Git Yer Cowboy On - Sean Patrick McGraw



BOUNCY TOE HEEL STRUTS FORWARD (COWBOY STRUTS)

1&2 Bounce on left toe at 10:00 and bring heel down
3&4 Bounce on right toe at 2:00 and bring heel down
5&6 Bounce on left toe at 10:00 and bring heel down
7&8 Bounce on right toe at 2:00 and bring heel down

Have hands on belt buckle or spread apart as if you are going to draw a gun

LEFT KICK BALL CHANGE, COASTER STEP, 2 SAILOR STEPS

9&10 Kick left foot forward, step on left foot and then step on right foot
11&12 Step back on left foot, step back on right foot and then step forward on left foot
13&14 Step right foot behind left foot, step left foot next to right and then step right foot forward at 2:00
15&16 Step left foot behind right foot, step right foot next to left and then step left foot forward at 10:00

STEP TURN & KICK, ROCK & RECOVER, 4 GALLOPS

17&18 Step forward on right foot and pivot left ½ turn and kick left foot forward
19-20 Rock back on left foot, recover weight on right foot
21-24 Step left foot forward and scoot right foot behind left (4 times)

STEP FORWARD & TURN ¼ LEFT 3 TIMES AND STOMP LEFT AND STOMP RIGHT

25-26 Step forward on right foot, pivot ¼ turn to the left
27-28 Step forward on right foot, pivot ¼ turn to the left
29-30 Step forward on right foot, pivot ¼ turn to the left with weight ending on right foot
31-32 Stomp left foot, stomp right foot

Variation

31-32 Two hip pushes forward for 2 counts with fists in front of chest w/ attitude

REPEAT

TAG

Do this tag right before the 4th and 8th wall bouncy toe heel struts forward

COWBOY STRUTS

1&2 Bounce on left toe at 10:00 and bring heel down
3&4 Bounce on right toe at 2:00 and bring heel down
5&6 Bounce on left toe at 10:00 and bring heel down
7&8 Bounce on right toe at 2:00 and bring heel down

Have hands on belt buckle or spread apart as if you are going to draw a gun

BOUNCY TOE HEEL STRUTS BACKWARDS (COWBOY STRUTS)

9&10 Bounce on left toe at 7:00 and bring heel down
11&12 Bounce on right toe at 5:00 and bring heel down
13&14 Bounce on left toe at 7:00 and bring heel down
15&16 Bounce on right toe at 5:00 and bring heel down

Restart