

拍數: 32 牆數: 4 級數: Improver straight rhythm
編舞者: Tom Knight (USA)
音樂: No Chance to Dance - Highway 101



Dedicated to my friend Christine Bass

TOE HEEL STRUTS - RIGHT & LEFT, ROCK STEP, ¼ TURN LEFT

1-2 Toe heel, stepping right foot to right side
3-4 Toe heel, stepping left foot across right foot
5-6 Rock right foot to right side, recover onto left foot
7-8 ¼ turn to left, stepping right foot behind left foot, step forward onto left foot
¼ turn takes place after the count of 7 and before the count of 8

TOE HEEL STRUTS - RIGHT & LEFT, ROCK STEP, ½ TURN RIGHT

1-2 Toe heel, stepping right foot forward
3-4 Toe heel, stepping left foot forward
5-6 Rock forward on right foot, recover onto left foot
7-8 ½ turn over right shoulder, stepping right, and scuffing left foot

LOCK STEP, ROCK STEP, STEP & HOLD

1-4 Step left foot forward, lock right foot behind left foot, step left foot forward, scuff right foot forward
5-6 Rock forward onto right foot, recover onto left foot
7 Step back onto right foot
8 Hold & clap

VINE LEFT, SHIMMY RIGHT

1-4 Vine left, stepping left foot to left side, stepping right foot behind left foot stepping left foot to left side, touching right toe beside left foot
5-7 Step right foot to right side, shimmy while bringing left foot to right foot
8 Hold & clap

REPEAT
