

拍數: 32      牆數: 4      級數: Improver straight rhythm  
編舞者: Tom Knight (USA)  
音樂: No Chance to Dance - Highway 101



Dedicated to my friend Christine Bass

## TOE HEEL STRUTS - RIGHT & LEFT, ROCK STEP, ¼ TURN LEFT

1-2      Toe heel, stepping right foot to right side  
3-4      Toe heel, stepping left foot across right foot  
5-6      Rock right foot to right side, recover onto left foot  
7-8      ¼ turn to left, stepping right foot behind left foot, step forward onto left foot  
¼ turn takes place after the count of 7 and before the count of 8

## TOE HEEL STRUTS - RIGHT & LEFT, ROCK STEP, ½ TURN RIGHT

1-2      Toe heel, stepping right foot forward  
3-4      Toe heel, stepping left foot forward  
5-6      Rock forward on right foot, recover onto left foot  
7-8      ½ turn over right shoulder, stepping right, and scuffing left foot

## LOCK STEP, ROCK STEP, STEP & HOLD

1-4      Step left foot forward, lock right foot behind left foot, step left foot forward, scuff right foot forward  
5-6      Rock forward onto right foot, recover onto left foot  
7      Step back onto right foot  
8      Hold & clap

## VINE LEFT, SHIMMY RIGHT

1-4      Vine left, stepping left foot to left side, stepping right foot behind left foot stepping left foot to left side, touching right toe beside left foot  
5-7      Step right foot to right side, shimmy while bringing left foot to right foot  
8      Hold & clap

REPEAT

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