

Girls Rule

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Barbara R. K. Wallace (CAN)
音樂: Women Rule the World - Lonestar



RIGHT ROCK/RECOVER, STEP, LEFT ROCK/RECOVER, STEP, SHUFFLE FORWARD RIGHT, ½ PIVOT RIGHT

1-2& Rock forward on the right, recover back on the left, step right beside left
3-4& Rock forward on the left, recover back on the right, step left beside right
5&6 Shuffle forward right, left, right
7-8 Step forward left, ½ pivot right

WALK FORWARD LEFT AND RIGHT, LEFT COASTER FORWARD, BACK RIGHT WITH ¼ LEFT AND KICK, BACK COASTER CROSS

1-2 Walk forward left, right
3&4 Step forward left, together on the right, back left
5-6 Step back on the right, make a ¼ turn left and kick the left foot forward
7&8 Step back on the left, together on the right, cross the left over the right

VINE TWO, LEFT HEEL JACK, RIGHT TOE TOUCH, LEFT HEEL, RIGHT HEEL, HOOK

1-2 Step side right, left foot behind
&3-4 Step back on the right, place the left heel forward, hold
&5&6 Step on the left foot, touch the right toe beside the left, step back on the right, place the left heel forward
&7-8 Step on the left, place the right heel forward, hook the right foot across the left shin

WALK FORWARD RIGHT AND LEFT, ½ TURN LEFT, WALK BACK RIGHT AND LEFT, KICK- OUT/OUT, IN/IN, LEFT HIP BUMP

1-2& Walk forward right, left, make ½ turn left on ball of left foot
3-4 Walk back right, left
5&6 Kick the right forward, step out with the right, step out with the left
&7-8 Step in with the right, step in with the left, left hip bump

REPEAT

TAG

First tag: two right Monterey turns after fourth time through (you will be facing the 12:00 wall-restart facing 12:00 wall)

Second tag: one right ¼ Monterey turn after ninth time through (you will be facing the 9:00 wall and the ¼ Monterey gets you back to restart at the 12:00 wall)

SPICY ENDING

Finish the whole routine facing the 12:00 wall. Three hip circles to the left in time to the musical ending
