

# Girlfriends Kick A\*\*

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Kathy Heller (USA)  
音樂: Girlfriends - Jamie O'Neal



Start 4 counts after she says "We're gonna show 'em how its done"

## TOE, HEEL STOMPS, MONTEREY, STEP FORWARD, HALF TURN

1&2      Touch right toe next to left, touch right heel next to left, step forward on right  
3&4      Touch left toe next to right, touch left heel next to right, step forward on left  
5-6      Touch right toe to side right, make half turn to right stepping right next to left  
7&8      Step forward on left, pivot half turn to right, step slightly forward on left (12:00)

## SIDE ROCK CROSS, SYNCOPATED VINE LEFT WITH QUARTER TURN, HALF TURN LEFT, FORWARD SHUFFLE

1&2      Rock right to side right, return weight to left, cross right over left  
3&4      Step left to side left, right behind left, step left one quarter turn forward (9:00)  
5&6      Step forward on right, pivot half turn left, step forward on right (3:00)  
7&8      Shuffle forward left-right-left (3:00)

## FULL TURN MONTEREY, SIDE MAMBO, FORWARD SHUFFLE, QUARTER TURN

1-2      Touch right to side right, make full turn to right stepping right next to left  
**Easy alternative: touch right to side right, step right next to left without turning**  
3&4      Rock left to left side, return weight on right, step left next to right  
5&6      Shuffle forward right-left-right  
7-8      Step forward on left, pivot quarter to right (6:00)

## CROSS SHUFFLE, ROCK & KICK, COASTER, PUSH STEPS

1&2      Cross shuffle left over right  
3&4      Rock right to side right, replace weight on left, kick right forward  
5&6      Coaster step, stepping back on right, step left next to right, step forward on right  
7&8      Keeping weight mostly on right, do a push step on left to side left, full weight return on right, return weight fully on left to side left (6:00)

## REPEAT

## TAG

Once after wall 2 (8 counts), twice after wall 4 (16 counts)

1&2      Touch right toe next to left, touch right heel next to left, step forward on right  
3&4      Rock forward on left, return weight on right, step back on left  
5&6      Coaster step, stepping back on right, step left next to right, step forward on right  
7&8      Shuffle forward left, right, left