

Girlfriends Kick A**

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Kathy Heller (USA)
音樂: Girlfriends - Jamie O'Neal



Start 4 counts after she says "We're gonna show 'em how its done"

TOE, HEEL STOMPS, MONTEREY, STEP FORWARD, HALF TURN

1&2 Touch right toe next to left, touch right heel next to left, step forward on right
3&4 Touch left toe next to right, touch left heel next to right, step forward on left
5-6 Touch right toe to side right, make half turn to right stepping right next to left
7&8 Step forward on left, pivot half turn to right, step slightly forward on left (12:00)

SIDE ROCK CROSS, SYNCOPATED VINE LEFT WITH QUARTER TURN, HALF TURN LEFT, FORWARD SHUFFLE

1&2 Rock right to side right, return weight to left, cross right over left
3&4 Step left to side left, right behind left, step left one quarter turn forward (9:00)
5&6 Step forward on right, pivot half turn left, step forward on right (3:00)
7&8 Shuffle forward left-right-left (3:00)

FULL TURN MONTEREY, SIDE MAMBO, FORWARD SHUFFLE, QUARTER TURN

1-2 Touch right to side right, make full turn to right stepping right next to left
Easy alternative: touch right to side right, step right next to left without turning
3&4 Rock left to left side, return weight on right, step left next to right
5&6 Shuffle forward right-left-right
7-8 Step forward on left, pivot quarter to right (6:00)

CROSS SHUFFLE, ROCK & KICK, COASTER, PUSH STEPS

1&2 Cross shuffle left over right
3&4 Rock right to side right, replace weight on left, kick right forward
5&6 Coaster step, stepping back on right, step left next to right, step forward on right
7&8 Keeping weight mostly on right, do a push step on left to side left, full weight return on right, return weight fully on left to side left (6:00)

REPEAT

TAG

Once after wall 2 (8 counts), twice after wall 4 (16 counts)

1&2 Touch right toe next to left, touch right heel next to left, step forward on right
3&4 Rock forward on left, return weight on right, step back on left
5&6 Coaster step, stepping back on right, step left next to right, step forward on right
7&8 Shuffle forward left, right, left