

Girlfriend

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Montana Agius
音樂: Girlfriend (Radio Version) - Avril Lavigne



KICKS AND TWIST

1-2&3&4 Kick right forward, kick right to side, step right together, kick left forward, step left together, kick right forward
&5-6-7-8 Step left forward, swivel heels left, swivel heels right, swivel heels left, touch left together

HEELS OUT, IN AND ROCK AND TOUCH

1&2& Swivel heels apart, swivel heels together, swivel heels apart
3&4& Swivel toes apart, swivel toes together, swivel toes apart, swivel toes together
5&6& Swivel heels apart, swivel heels together, swivel heels apart
7&8 Rock right to side, recover to left, step right together

STEP SCUFF, ROCK FORWARD AND BACK, HIPS

1-2-3&4 Step left to side, scuff right forward, rock right forward, recover to right
5-6-7-8 Hold

During counts 5-8, bump hips right, left, right, left (alternative body roll)

STEP IN FRONT TOUCHES

1-2-3-4 Cross right over left, touch left to side, step left over right, touch right to side
5-6-7-8 Step right over left, touch left to side, step left over right, touch right to side

KICKS AND TWIST

1-2&3&4 Kick right forward, kick right to side, step right together, kick left forward, step left together, kick right forward
&5-6-7-8 Step left forward, swivel heels left, swivel heels right, swivel heels left, touch left together

KNEE POPS, KICK CROSS UNWIND

1-2-3-4 Hold
During 1-4, do knee pops right, left, right, left
5-6-7-8 Kick left diagonally forward, cross left over right, unwind a full turn over 2 counts

CLICKS

1-2-3-4 Step right to side, touch left together (click), step left to side, touch right together (click)
5-6-7-8 Step left to side, touch right together (click), step right to side, touch left together (click)

STEP SCUFF STEP OUT HIPS

1-2-3-4 Step left forward, scuff right forward, step right forward, step left together
5-6-7-8 Hold

During counts 5-8, bump hips right-left-right-left

REPEAT

TAG

Walls 3 and 5

ROCK TURNS

1-2-3-4 Rock right forward, recover onto left, turn ½ right and step right forward, hold
5-6-7-8 Rock left forward, recover onto right, turn ½ left and step left forward, hold

CLICKS AND ROCK WEAVE

- 1-2-3-4 Step right to side, touch left together (click), step left to side, touch right together (click)
5-6-7-8 Step right to side, touch left together, step left to side, cross right behind left, step left to side, cross right over left, touch left together

TAG

Wall 6

ROCK FULL TURNS

- 1-2-3-4 Rock right forward, recover onto left, turn a full turn right and step right forward, hold
5-6-7-8 Rock left forward, recover onto right, turn a full turn left and step left forward, hold

CLICKS AND PIVOT

- 1-2-3-4 Step right to side, touch left together (click), step left to side, touch right together (click)
5-6-7-8 Step right forward, turn $\frac{1}{2}$ left (weight to left), step right forward, turn $\frac{1}{2}$ left (weight to left)

HIPS AND FULL TURN TOUCH

- 1-2-3-4 Hold

During 1-4, bump hips right, left, right, left

- 5-6-7-8 Turn $\frac{1}{4}$ right and step right forward, turn $\frac{1}{2}$ right and step left back, turn $\frac{1}{4}$ right and step right to side, touch left together

SCUFF HIP ROLE

- 1-2-3-4 Step left forward, scuff right forward, step right forward, scuff left forward
5-6-7-8 Step left to side, step right to side, hold, hold

During 7-8, toll hips all the way around to the left
