

Girl, Get A Life

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Raelene Brown (AUS)
音樂: Please Mr. Postman - Carpenters



- 1-4 Toe strut right forward diagonally right, toe strut left forward diagonally left
5&6 (Right sailor) step right behind left, step left to left side, step right to center
7-8 Rock/step left across behind right, rock forward onto right
- 1&2 Shuffle to the left left-right-left
3-4 Touch right toe behind left, unwind $\frac{3}{4}$ right (weight coming out on right)
5-6 Step left forward, pivot $\frac{1}{4}$ right
7&8 (Cross shuffle) cross left over right, step right to right side, cross left over right
- 1-2 Rock/step right to right side (angling body diagonally left), return weight to left
&3-4 Step right beside left, cross left over right, hold
5-6 Step right to right side, pivot $\frac{1}{2}$ left on right foot and step left to left side (now facing back)
7-8 Cross/rock right over left, rock back onto left
- 1-2 Step right to right side, hold
&3-4 Step left beside right, step/rock right to right side, return weight to left
5&6 (Kick ball change) kick right forward, step right beside left, step left slightly forward
7&8& Right heel forward diagonally right, step right beside left, left heel forward diagonally left, step left beside right

REPEAT
