

The Girl From Ipanema

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver nightclub
編舞者: Lady Lace (UK)
音樂: The Girl From Ipanema - Stan Getz & Astrud Gilberto



¼ PADDLE TURN TWICE, SWEEP CROSS, BACK, CROSS SHUFFLE BACK & BACK

1-2 Touch ball of right forward, turn ¼ left taking weight onto left
3-4 Touch ball of right forward, turn ¼ left taking weight onto left
5-6 Sweep right round to cross step over left, step back left - angling body left
7&8 Cross step right over left, step back left, cross step right over left
& Step back left - straighten up

BACK, CROSS, BACK LOCK STEP, TOUCH TOE ACROSS UNWIND ½ RIGHT, STEP SWAY, SWAY

1-2 Step back right, cross step left over right - angling body right
3&4 Step back right, lock left over right, step back right
5-6 Touch left toe across right, unwind ½ turn right- weight on left
7-8 Step back right swaying back, sway forward

TOUCH, KICK, ¼ TURN SHUFFLE, TOUCH, KICK, ½ TURN SHUFFLE

1-2 Touch right beside left bending knees, kick right across left
3&4 Step right ¼ turn right, close left to right, step right forward - moving forward
5-6 Touch left beside right bending knees, kick left across right
7&8 Step left ¼ turn left, close right to left, step left ¼ turn left - moving forward

STEP ½ TURN, FORWARD SHUFFLE, STEP ½ TURN, ¼ TURN SHUFFLE

1-2 Step right forward, pivot ½ turn left
3&4 Step right forward, close left to right, step right forward
5-6 Step left forward, pivot ½ turn right
7&8 Step left ¼ turn right, close right to left, step left to side

REPEAT
