The Ginny G

COPPER KNOE

拍數:64

牆數: 4

級數:

編舞者: Shirley K. Batson (USA)

音樂: I Don't Need Your Rockin' Chair - George Jones

HIP BUMPS

- 1 Bump hips to right
- 2 Bump hips to right
- 3 Bump hips to left
- 4 Bump hips to left

Slide right foot slightly forward

- 5 Bump right hip forward toward 1:30
- 6 Bump left hip back toward 7:30
- 7 Bump right hip forward toward 1:30
- 8 Bump left hip back toward 7:30

TURN, SCOOT, STEP, TOUCH

- 1 Step right foot across left foot (weight evenly distributed)
- 2 Turn ¹/₂ on balls of both feet, now facing 6:00
- 3 Scoot (weight still on balls of feet)
- 4 Scoot (weight still on balls of feet)
- 5 Step right foot to right side
- 6 Touch left foot beside right
- 7 Step left foot to left side
- 8 Touch right foot beside left

SHUFFLE, PIVOT, TURN

- 1&2 Shuffle right, left, right
- 3&4 Shuffle left, right, left
- 5 Step forward on right foot
- 6 Turn 1/2 left on ball of right foot, shifting weight to left foot
- 7&8 Shuffle right, left, right

POINT, TOUCH, ROCK STEP

- 1 Point left toe out to side of right foot, touching floor
- 2 Step left foot beside right foot
- 3 Point right toe out to side of left foot, touching floor
- 4 Step right foot beside left foot (shift weight to right foot)
- 5 Rock forward on left foot
- 6 Step back on right foot
- 7 Step back on left foot
- 8 Rock forward on right foot

Feet do not leave the floor on rock steps

VINE LEFT AND RIGHT

- 1 Step left foot to left side of right foot
- 2 Step right foot cross behind left foot
- 3 Step left foot to left side of right foot
- 4 Touch right foot beside left foot
- 5 Step right foot to right side of left foot
- 6 Step left foot cross behind right foot



- 7 Step right foot to right side of left foot
- 8 Touch left foot beside right foot

DIAGONAL STEPS FORWARD AND BACK (FACING 12:00 ON ALL DIAGONAL STEPS)

- 1 Step left foot diagonally at 45 degrees forward
- 2 Touch right foot beside left
- 3 Step right foot diagonally at 45 degrees forward
- 4 Touch left foot beside right
- 5 Step left foot diagonally back at 45 degrees
- 6 Touch right foot beside left
- 7 Step right foot diagonally back at 45 degrees
- 8 Touch left foot beside right

JAZZ SQUARE TURN, SHIMMY FORWARD, TOUCH, CLAP

Weight on right foot

- 1 Step left foot ¼ toward 9:00
- 2 Cross right foot over left foot turning ¼ (now facing 9:00)
- 3 Step back on left foot
- 4 Touch right foot beside left
- 5 Step forward diagonally toward 1:30 with right foot
- 6 Shimmy shoulders, right to left and left to right as many times as you like.
- 7 Touch left foot beside right foot
- 8 Clap

SHIMMY DIAGONALLY BACK, STEP, TOUCH

- 1 Step back diagonally toward 7:30 with left foot
- 2 Shimmy shoulders, right to left and left to right as many times as you like
- 3 Touch right foot beside left
- 4 Clap
- 5 Step right foot to right side of left foot
- 6 Touch left foot beside right foot
- 7 Step left foot to left side of right foot
- 8 Touch right foot beside left foot

REPEAT