

Gimme Just A Little Bit

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK)
音樂: Just a Little - Liberty X



STEP, HIP BUMPS, STEP PIVOT, SHUFFLE

1 Step forward on right
2&3&4 Touch left toe forward as left hip pushes forward, push right hip back, left hip forward, right hip back, left hip forward taking weight on left foot
5-6 Step forward on right, pivot ½ turn to left
7&8 Step forward right, step left beside right, step forward right

STEP, HIP BUMPS, ROCK, STEP, TURN & HEEL

1 Step forward on left
2&3&4 Touch right toe forward as right hip pushes forward, push left hip back, right hip forward, left hip back, right hip forward taking weight on right foot
5-6 Rock forward on left, recover weight on right
7&8 Step left to left side as you make a ¼ turn left, raise right heel off floor, drop heel

BEHIND & CROSS ¼ TURN, ½ TURN, STEP, BACK RIGHT, LEFT, BEHIND, UNWIND FULL TURN

1&2 Step right behind left, step left to side, step right across left
&3-4 Step back on left making ¼ turn right, on ball of left make ½ turn right stepping forward right, step forward left
5-6 Step back right, left
7-8 Touch right behind left, unwind full turn to right (finish weight on right)

Option

7&8 Full triple turn to right stepping right, left, right

Or

7&8 Right coaster step

TWINKLE STEPS, CROSS SHUFFLE, & HEEL & TOUCH

1&2 Cross step left over right, step right to side, step in place on left
3&4 Cross step right over left, step left to side, step in place on right
5&6 Cross step left over right, step right to side, cross step left over right
&7&8 Step back on right, touch left heel forward, step left in place, touch right next to left

STEP, HEEL SWIVELS ½ TURN, TOUCH, BEHIND & CROSS, SKATE

1 Step forward on right
2&3 Swivel heels right, left, right making ½ turn to left
4 Touch left toe to left side
5&6 Step left behind right, step right to side, step left across right
7-8 Skate forward right, left

¼ TURN, TOUCH, CHASSE LEFT, SAILOR STEP, SAILOR ¼ TURN

1-2 Making ¼ turn left step right to side, touch left toe behind right heel
3&4 Step left to left side, step right next to left, step left to left side
5&6 Step right behind left, step left to side, step right in place
7&8 Step left behind right, making ¼ turn left step down on right, step forward on left

STEP, KICK & TOE SWITCHES, CROSS, BACK TURN, CHASSE

1-2& Step forward on right, kick left forward, step left in place,
3&4 Touch right toe to right side, step right in place, touch left toe out to left side

5-6 Cross left over right, step back on right making $\frac{1}{4}$ turn left
7&8 Step left to side, step right next to left, step left to side

ROCK FORWARD & BACK & RIGHT SHUFFLE, ROCK & CROSS $\frac{1}{4}$ TURN $\frac{1}{4}$ TURN

1&2& Rock right across left, recover weight on left, rock back on right, recover weight on left
3&4 Step right forward diagonally left (11:00), step left together, step right forward diagonally left
5&6 Rock left to left side, recover weight on right, cross step left over right
7-8 Step back on right making $\frac{1}{4}$ turn left, step left to left side making $\frac{1}{4}$ turn left

REPEAT
