

Gills Leg Over

拍數: 32 牆數: 4 級數:
編舞者: Simon Whincup (UK)
音樂: You Keep Me Hangin' On (Classic Paradise Mix) - Reba McEntire



- 1 Touch right toe to right side
- 2 Bring right side of left and touch side of right
- 3 Touch right toe to right side
- 4 Cross right over left, stepping weight onto right foot

- 5 Touch left toe to left side
- 6 Bring left side of right and touch
- 7 Touch left toe to left side
- 8 Cross left over right, stepping weight onto left foot

- 9 Make $\frac{1}{4}$ turn to your right
- &10&11 And exchanging weight onto right foot, make a right shuffle (stepping; right, left, right)
- 12 Step left forward
- 13 $\frac{1}{2}$ pivot over right shoulder
- &14&15 Left shuffle (stepping; left, right, left)

- 16&17 Mambo rock (forward on right, back on left, together with right)
- 18&19 Mambo rock (back on left, forward on right, together with left)
- 20 Step forward on right
- 21 $\frac{1}{2}$ pivot over left shoulder

- 22-23 Repeat steps 20-21

- 24&25 Right shuffle (right, left, right)
- 26 Step left forward
- 27 $\frac{1}{2}$ turn over right shoulder
- &28&29 Left shuffle (left, right, left)

- 30&31 Right kick ball change
- 32 Touch right toe at side of right foot

REPEAT
