

The Gift

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Chad Dorais (USA)
音樂: The Gift of Color - Billy Gilman



This Dance is Dedicated to Mattie J.T. Stepanik for the Beautiful Poems and Billy Gilman for His Wonderful Voice

SIDE ROCK, TOE TOUCH, HEEL TAPS, REPEAT OTHER SIDE

1&2 Step right foot to right side, rock back on left, touch right toe forward
3-4 Tap right heel 2x
5&6 Step left foot to left side, rock back on right, touch left toe forward
7-8 Tap left heels 2x

ROCK STEP, ½ TRIPLE, ROCK STEP ¾ TRIPLE

1-2 Step forward on right foot, rock back on left
3&4 Shuffle right, left, right while making a ½ turn to the right
5-6 Step forward on left foot, rock back on right
7&8 Shuffle left, right, left, while making a ¾ turn to the left

KICKS, BACK SHUFFLE, KICKS, FORWARD SHUFFLE

1-2 Kick right foot forward 2x
3&4 Step back on right foot, step left foot next to right, step back on right foot
5-6 Kick left foot forward 2x
7&8 Step forward on left foot, step right foot next to left, step forward on left

SYNCOPATED ¼ VINE WITH HEEL, SYNCOPATED WEAVE WITH CROSS

1-2 Step forward on right foot making a ¼ turn to the left, step left foot behind right
&3 Step right foot to right side, step left foot over right
&4 Step right foot to right side, tap left heel forward
5-6 Step left foot to left side, cross step right foot over left
&7 Step left foot to left side, step right foot behind left
&8 Step left foot to left side, cross step right foot over left

HEEL TAPS, SIDE ROCK CROSS, HEEL TAPS, STEP TOUCH

1-2 Tap right heels 2x
3&4 Step left foot to left side, rock back on right, cross left over right
5-6 Tap left heels 2x
7-8 Step back on right foot. Touch left toe next to right

SHUFFLE, TURNING SAILOR, SHUFFLE, KICK-BALL CHANGE

1&2 Step forward on left foot, step right next to left, step forward on left foot
3&4 Step right foot behind left, step left foot out to left side, step forward on right foot while making a ¼ turn to the right
5&6 Step forward on left foot, step right next to left, step forward on left foot
7&8 Kick right foot forward, step on ball of right foot, step on left foot

REPEAT