

Giddiyap!

拍數: 64 牆數: 2 級數: Improver
編舞者: Lana Harvey (USA)
音樂: Riding Alone - Rednex



STOMP, CLAP, STOMP, CLAP, SHUFFLE. SHUFFLE

1 Stomp right
2 Clap
3 Stomp left
4 Clap
5&6 Stomp-shuffle (flatfooted) right-left-right (like hoof beats)
7&8 Stomp-shuffle left-right-left
9-16 Repeat 1-8

STEP, SCUFF, PIVOT

17 Step forward on right
18 Scuff left forward
19 Touch left toe forward.
20 Pivot ½ to right.
21 Step forward on left
22 Scuff right forward
23 Touch right toe forward
24 Pivot ½ to left.

PIVOT, SHUFFLE, PIVOT, PIVOT

25 Right toe forward,
26 Pivot ½ to left.
27&28 Shuffle right-left-right
29 Left toe forward
30 Pivot ½ to right.
31 Left toe forward
32 Pivot ½ to right.

VINE LEFT, SCUFF, SHUFFLES

33 Step left to left
34 Cross right behind left
35 Step left to left
36 Scuff right heel forward
37&38 Shuffle forward right-left-right
39&40 Shuffle forward left-right-left

VINE RIGHT, SCUFF, SHUFFLES

41 Step right to right.
42 Cross left behind right
43 Step right to right.
44 Scuff left heel forward
45&46 Shuffle forward left-right-left
47&48 Shuffle forward right-left-right

STEP SLIDES, ROCK FORWARD, STEP

49 Step forward left

- 50 Raise left heel and slide right up under it.
51-52 Repeat 49-50.
53-54 Repeat 49-50.
55 Rock forward on left.
56 Step on right in place.

BACK, CROSS, BACK, CLAP

- 57 Step back on left at an angle, body facing 45 left
58 Slide right back in front of left
59 Step back on left at same angle as 57..
60 Hold and clap.
61 Step back on right at an angle, body facing 45 right.
62 Slide left back in front of right
63 Step back on right at same angle as 61.
64 Stomp left next to right straightening out to front.

REPEAT

PATTERN: B, AA A, B, AAA

To make the dance fit *Ridin' Alone* by Rednex, add these 16 counts (B) after the first 32 counts just before you start the dance. Do three dance patterns (A) and do these 16 counts again, with three more dance patterns following.

- 1-4 Vine right, scuff left
5-6 Step left to left, cross right behind.
7&8 Shuffle left-right-left in place.
9-16 Repeat 1-8.
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