

Gi Rhythm And Blues

拍數: 48 牆數: 0 級數:
編舞者: Beverly Sutherland (CAN)
音樂: GI Blues - The Deans



WALK FORWARD, TOE STRUTS BACK

1-4 Walk forward left, right, left, right
5-6 Left toe touch back, right heel down
7-8 Right toe touch back, left heel down

SIDE, BEHIND, CROSS, MONTEREY TURNS

9-10&11 Left side step, right step behind left, left side step, right step across front of left
12 Left side step
13-14 Right touch out to right side, turn ½ right and right step beside left
15-16 Left touch out to left side, turn ½ left and left step beside right

ROCK, RECOVER, HEEL GRINDS, CROSS SHUFFLE

17-18 Right small side step, recover onto left
19-20 Right heel grind across front of left, left small side step
21-22 Repeat 19-20
23&24 Right step across front of left, left small side step, right step across left

RUMBA FORWARD BOX, RUMBA BOX ¼ TURN

25-26 Left step forward, hold
27-28 Right side step, left step beside right
29-30 Right step back, hold
31-32 Left side step, right step turn ¼ right

STEP, BALL, STEP, BRUSH

33-34 Left step forward, hold
&35-36 Right ball step, left small step forward, right brush forward
37-38 Right step forward, hold
&39-40 Left ball step, right small step forward, left brush forward

SWAY, CROSS SHUFFLE, ¾ TURN, SHUFFLE

41-42 Sway left onto left foot, sway right onto right foot
43&44 Left step across right, right small side step, left step across right
45-46 Turn ¼ left step back on right, turn ½ left step forward on left
47&48 Shuffle forward right, left, right

REPEAT

To make the dance end facing forward, do not turn on beat 32 only at the end of the GI Blues music. During steps 1-4 swing arms as if marching.