

Ghost Rider Shimmey

拍數: 36 牆數: 2 級數: Improver
編舞者: Hillbilly Chris (UK)
音樂: (Ghost) Riders In the Sky - Johnny Cash



RIGHT SIDE TOUCH, LEFT SIDE TOUCH, RIGHT HEEL, LEFT TOE

1-2 Right toe to right side, back in place
3-4 Left toe to left side, back in place
5-6 Right heel forward, back in place
7-8 Left toe back, back in place

JUMP, CROSS, UNWIND & CLAP TWICE

9 Jump feet out landing shoulder width apart
10 Jump feet in crossing right foot over left
11-12 Unwind a ½ turn left. Clap hands.
13-16 Repeat 9 - 12

STEP TO SIDE & SHIMMY (RIGHT & LEFT)

While shimmying - put left hand on your heart and right hand on your back pocket!

17-20 Right step to right side - shimmy shoulders as you take step, close foot left together, pause & clap
21-24 Left step to left side - shimmy shoulders as you take step, close right foot together, pause & clap

½ PIVOT, ¼ PIVOT

25-26 Step forward on right, pivot ½ turn left
27-28 Step forward on right, pivot ¼ turn left

SHUFFLE STEP ½ TURN / SHUFFLE STEP ¼ TURN

29& Step forward on right foot, close left to right
30 Step forward on right foot
31 Step forward on left
32 Pivot ½ turn to the right
33& Step forward on left foot, close right to left
34 Step forward on left foot
35 Step forward on right foot
36 Pivot ¼ turn to the left

REPEAT
