

Ghost Rider

拍數: 80 牆數: 4 級數:
編舞者: Gordon Elliott (AUS) & Mark Harding (AUS)
音樂: Ghost Riders In The Sky - Australia's Tornadoes



KICK RIGHT, KICK RIGHT, COASTER STEP

1-4 (step right back, step left back, step right forward).

KICK LEFT, KICK LEFT, COASTER STEP

- 5-8 (step left back, step right back, step left forward).
9-12 Step right forward, pivot turning $\frac{1}{2}$ turn left, step right forward, pivot turning $\frac{1}{2}$ turn left.
13-16 Step right forward, kick left, step left back, touch right toe back.
17-20 Shuffle to the right (right-left-right), step back on left, rock forward onto right.
21-24 Shuffle to the left (left-right-left), step back on right, rock forward onto left.
25-28 Shuffle forward (right-left-right), step left forward, pivot turning $\frac{1}{2}$ turn right.
29-32 Shuffle forward (left-right-left), step right forward, pivot turning $\frac{1}{2}$ turn left.
33-36 Touch right heel 45 degrees, touch right toe across in front of left, shuffle at 45 degrees right (right-left-right).
37-40 Touch left heel 45 degrees, touch left toe across in front of right, shuffle at 45 degrees left (left-right-left).
41-44 Step right forward, pivot turning $\frac{1}{2}$ turn left, stomp right twice.
45-48 Touch right heel 45 degrees, touch right toe across in front of left, shuffle at 45 degrees right (right-left-right).
49-52 Touch left heel 45 degrees, touch left toe across in front of right, shuffle at 45 degrees left (left-right-left).
53-56 Step right forward, pivot turning $\frac{1}{2}$ turn left, stomp right twice.
57-60 Step right to side, bronco left-lift left knee across body and slap with right hand, touch left toe to the left, bronco left-lift left knee across body and slap with right hand.
61-64 Step left to side, bronco right-lift right knee across body and slap with left hand, touch right toe to the right, bronco right-lift right knee across body and slap with left hand.
65-68 Frieze-step right to the side, cross left behind right, turning $\frac{1}{4}$ turn right step right, step left together.
69-72 Turning $\frac{1}{2}$ turn left on the spot-step left, step right, step left, step right.
73-76 Shuffle forward (right-left-right), shuffle forward (left-right-left).
77-80 Turning $\frac{1}{4}$ turn right-turn right, turn left, turn right, step left together.

REPEAT
