

# Getting Warmed Up

**COPPER KNOB**  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Anita Ludlow (UK)  
音樂: Long Sermon - Brad Paisley



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## GRAPEVINE WITH SCUFF TO RIGHT & LEFT

1-4      Step right to right side, step left behind right, step right to right side, scuff left next to right  
5-8      Step left to left side, step right behind left, step left to left side, scuff right next to left

## STEP SCUFF, STEP SCUFF, ¼ TURN RIGHT & STROLL FORWARD WITH BRUSH

1-4      Step right to right side, scuff left next to right, step left to left side, scuff right next to left  
5-8-      Quarter turn right stepping forward on right, lock left behind right, step forward on right, brush left next to right

## STROLL FORWARD ON LEFT, SLOW ½ PIVOT TURN

1-4      Step forward on left, lock right behind left, step forward on left, brush right next to left  
5-8      Step forward on right, hold for one count. Turn ½ to left by swiveling on ball of right and stepping onto left, hold for one count

## STROLL FORWARD ON RIGHT, SLOW ½ PIVOT TURN

1-4      Step forward on right, lock left behind right, step forward on right, brush left next to right  
5-8      Step forward on left, hold for one count. Turn ½ to right by swiveling on ball of left and stepping onto right, step left next to right

**REPEAT**

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