

# Gettin' Out Of Birmingham

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lana Harvey Wilson (USA)  
音樂: Birmingham - Scooter Lee



---

## FORWARD ROCK, RECOVER, BACK COASTER, HIP BUMPS

1-2      Rock forward on right, recover back on left  
3&4      Step back on right, step left next to right, step forward on right  
5-6      Stepping slightly forward on left bump hips left, right  
7&8      Bump hips left, right, left, weight ending on left

## FORWARD ROCK, BACK COASTER, ½ PIVOT, SHUFFLE

9-10      Rock forward on right, recover back on left  
11&12      Step back on right, step left next to right, step forward on right  
13-14      Step left forward, pivot ½ right weight ending on right  
15&16      Shuffle forward left-right-left

## HEEL, TOE, SHUFFLE, HEEL, TOE, ¼ PIVOT

17-18      Touch right heel forward, touch right toe back  
19&20      Shuffle forward right-left-right  
21-22      Touch left heel forward, touch left toe back  
23-24      Step left forward, pivot ¼ right weight ending on right

## CROSS ROCK, RECOVER, SIDE SHUFFLE, BACK, DRAG, WALK FORWARD

25-26      Cross rock left over right, recover back on right  
27&28      Shuffle left-right-left to left side  
29-30      Take a long step back on right, drag left back to right putting weight on it  
31-32      Step right forward, step left forward

**REPEAT**

---