

Gettin' Loud

拍數: 40 牆數: 4 級數: Improver
編舞者: Leanne Trickett (UK) & Jacqueline Brocklehurst (UK)
音樂: Let's Get Loud - Jennifer Lopez



KICK, SYNCHOPATE BACK, SAILOR STEPS TWICE, PIVOT

1&2 Kick right foot forward, step right foot to right side and step left shoulder width from right
3&4 Cross right foot behind left, step left foot to left side, step right foot to right side
5&6 Cross left foot behind right, step right foot to right side, step left foot to left side
7-8 Step forward on right foot, pivot half turn left

KICK, SYNCHOPATE BACK, SAILOR STEPS TWICE, PIVOT

9&10 Kick right foot forward, step right foot to right side and step left shoulder width from right
11&12 Cross right foot behind left, step left foot to left side, step right foot to right side
13&14 Cross left foot behind right, step right foot to right side, step left foot to left side
15-16 Step forward on right foot, pivot half turn left

STEP LOCK STEP AND TURN TWICE

17 Step right foot forward
&18 Lock left foot behind right, step right foot forward
19-20 Step forward on left, pivot half turn to right
21 Step left foot forward
&22 Lock right foot behind left, step left foot forward
23-24 Step forward on right, pivot half turn left

SIDE STEP, SIDE SHUFFLE WITH QUARTER TURN, ½ PIVOT, LOCK STEPS

25-26 Step right foot to right side, step left next to right
27&28 Step right foot to right side, step left next to right, step right foot to right side making quarter turn right
29-30 Step forward on left foot, pivot half turn right
31&32 Step forward on left foot, lock right foot behind left, step forward on left

SWITCH STEPS WITH HITCH, TURN, SYNCHOPATE AND CLAP

33 Touch right toe to right side
&34 Step right foot in place and touch left toe to left side
&35 Step left foot in place and touch right toe to right side
&36 Hitch right knee across left leg and touch right toe to right side
37-38 Step forward on right, pivot half turn left
&39 Step right foot diagonally forward to the right, step left foot shoulder width from right
40 Clap twice over left shoulder

REPEAT
