

Gettin' Goin'

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner line/contra dance
編舞者: Kathy Moore (USA)
音樂: Redneck Rhythm & Blues - Brooks & Dunn



RIGHT GRAPEVINE, LEFT GRAPEVINE

- 1 Step right to right side
- 2 Step left behind right
- 3 Step right to right side
- 4 Scuff left
- 5 Step left to left side
- 6 Step right behind left
- 7 Step left to left side
- 8 Scuff right

FORWARD, STOMP, BACK, STOMP, SHUFFLE FORWARD

- 1 Touch right heel forward
- 2 Stomp right foot center (no weight)
- 3 Touch right toe back
- 4 Stomp right foot center
- 5&6 Shuffle forward right-left-right
- 7&8 Shuffle forward left-right-left

PUSH TURN, ROCK FORWARD, ROCK BACK

- 1 Step forward right
- 2 Push $\frac{1}{4}$ turn left to left foot
- 3 Step forward right
- 4 Push $\frac{1}{4}$ turn left to left foot
- 5 Rock forward right
- 6 Recover weight to left foot
- 7 Rock back right
- 8 Recover weight to left foot

JAZZ BOXES

- 1 Cross right foot over left, putting weight on right
- 2 Step back left
- 3 Step right to the side
- 4 Step left together (beside right)
- 5 Cross right foot over left, putting weight on right
- 6 Step back left
- 7 Step right to the side
- 8 Step left together (beside right)

REPEAT

For Beginners, instead of Jazz Boxes, step forward, step back

- 1 Step right foot in place
- 2 Step left foot slightly back
- 3 Step right foot slightly to right
- 4 Step left foot together (beside right)
- 5 Step right foot in place

- 6 Step left foot slightly back
 - 7 Step right foot slightly to right
 - 8 Step left foot together (beside right)
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