

Getting Better

拍數: 32 牆數: 2 級數: Improver
編舞者: Mark Cook (UK)
音樂: It's Getting Better All the Time - Brooks & Dunn



Although this is a two wall dance, due to the restart, you will face all four walls as you do the dance

CROSS ROCK, WEAVE RIGHT, PIVOT STEP, SHUFFLE

1&2 Cross right over left, recover weight to left, step right to right side
3&4 Cross left over right, step right to right side, step left behind right
&5 Step right to right side, making $\frac{1}{4}$ turn to the right, step forward on left
&6 Pivot turn right, placing weight onto right, step forward on left
7&8 Stepping forward, right, left, right, make a full turn over your left shoulder (now facing 9:00)

FORWARD ROCK, CROSS BACK TWICE, CROSS WEAVE LEFT

9&10 Rock forward on left, recover weight to right, step back on left
11&12 Cross right over left, step back on left, step back on right
13&14 Cross left over right, step back on right, step left to left side
&15 Cross right over left, step left to left side
&16 Step right behind left, step left to left side (still facing 9:00)

SWAY, ROLLING TURN RIGHT, CROSS ROCK, $\frac{1}{4}$ TURN, SHUFFLE

17&18 Sway right stepping right to right side, sway left placing weight onto left
19&20 Make a full turn right, stepping right, left, right
21&22 Cross rock left over right, recover weight to right, step left to left side making $\frac{1}{4}$ turn left
23&24 Shuffle forward stepping right, left, right (now facing 6:00)

CROSS $\frac{1}{4}$ TURN, SHUFFLE, PIVOT TURN RIGHT, PIVOT TURN LEFT

25&26 Cross left over right, step right to right side, step left to left side, making $\frac{1}{4}$ turn left
27&28 Stepping forward right, left, right, make a full turn over your left shoulder
29&30 Step forward onto left, make $\frac{1}{2}$ turn right, placing weight onto right, step forward on left
31&32& Step forward on right, make $\frac{1}{4}$ turn left, placing weight onto left, cross right over left, step left to left side (now facing 6:00)

REPEAT

RESTART

On wall 2, only do up to count 28, then add an & count by stepping on left and start the dance again. You will now be facing the 9:00 wall

TAG

Two cross rocks at the end of wall 6 (facing the 3:00 wall)

1&2 Cross right over left, recover weight to left, step right to right side
3&4 Cross left over right, recover weight to right, step left to left side

Then start the dance again