

Getta Little Bump

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Terri Alexander (USA)
音樂: Bump - Raven-Symoné



STEP RIGHT, STEP TOGETHER, RIGHT ROCK & CROSS, LEFT ROCK & CROSS, TURN ¼. ¼, CROSS, STEP

1-2 Step right to right side, step left beside right
3&4 Rock right to right side, recover, cross step right over left
5&6 Rock left to left side, recover, cross step left over right
&7&8 Turn ¼ left stepping right back, turn ¼ left stepping right to left side, cross step right over left, step left to left side (6:00)

HITCH, POINT, HITCH & CROSS, UNWIND ¾, KICK

1-2 Hitch right (right leg against calf of left), point right to right side
3&4 Hitch right, step right to right, cross step left over right
5-6-7 Slow unwind ¾ turn to right (bend knees while turning) (show some attitude)
8 Kick right forward (3:00)

ROCK BACK & STEP, RUN RUN RUN, ¼ TURN RIGHT, ROCK STEP, CROSS ½ TURN

1&2 Right rock back (leaning body back), recover, step right forward
3&4 Step forward left, right, left (small running steps forward)
5&6 Turn ¼ right stepping right forward, rock left to left side, recover
7&8 Cross step left over right, turn ¼ left stepping back on right, turn ¼ left stepping left to left side (12:00)

STOMP RIGHT, HOLD, STOMP LEFT, HOLD, ROLL ¼ TURN LEFT

1-2 Stomp right forward diagonally right, hold
3-4 Stomp left forward diagonally left, hold
5-8 Right steps slightly forward, paddle turn 1/8 to left rolling hips to the left, right steps slightly forward, paddle turn 1/8 to left rolling hips to the left (9:00)

CROSS, STEP LEFT, BACK ROCK & STEP, BALL STEP, HOLD, BUMP RIGHT, BUMP LEFT

1-2 Cross step right over left, step left to left side
3&4 Rock right behind left, recover, step right to right side
&5-6 Step on ball of left (in place), step on right (in place) (feet should be shoulder width apart, weight on both feet), hold
7-8 Bump hip to right, bump hip to left

STEP RIGHT, CROSS, STEP RIGHT, ROCK & TOUCH, ¼ TURN PUMP, PUMP

1-2-3 Step right to right side, cross step left over right, step right to right side
4&5 Rock left behind right, recover, touch left beside right (3rd position- right foot facing toward 9:00 wall, left heel toward right instep, left foot facing 6:00 wall, left knee bent) (9:00)
6 Hold
7 Turn to face ¼ left (6:00) while dropping left heel straightening left knee/ at same time- raise right heel, bending right knee (lean body forward)
8 Drop right heel, straightening right knee/ at same time- raise left heel bending left knee (lean body slightly back)

Optional arm moves:

7 As you lean forward, bring left arm up bent at elbow, right arm down at side
8 As you lean back, bring right arm up bent at elbow, bring left arm down to side

STEP FORWARD LEFT, TURN ½ LEFT, COASTER STEP, ¼ WITH BUMPS

- 1-2 Step left forward, turn ½ left stepping right back
- 3&4 Left coaster step- step left back, step right beside left, step left forward (12:00)
- 5-6 Bump hips to the right, bump hips to the right (starting ¼ turn to left)
- 7-8 Bump hips to the left, bump hips to the left (finishing ¼ turn to left) (9:00)

BUMP, HOLD, WEAVE, HOLD, UNWIND FULL TURN TO LEFT

- 1-2 Bump hip to right, hold
- &3&4 Step left beside right, cross step right over left, step left to left side, step right behind left
- &5-6 Step left to left side, cross step right over left, hold
- 7-8 Unwind full turn to left (weight ends on left)

REPEAT

TAG

One time only facing 12:00 wall after 4th rotation of the dance

- 1-2 Bump hips to right 2x
 - 3-4 Bump hips to left 2x
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