

# Getcha, Gotcha, Good

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Levi J. Hubbard (USA)  
音樂: I'm Gonna Getcha Good! - Shania Twain



## SYNCOPATED TOE SWITCHES WITH HEEL DROPS

- 1 Touch right toe slightly forward
- & Step right together
- 2 Touch left toe slightly forward
- & Step left together
- 3 Touch right toe slightly forward & bounce heel
- 4 Bounce right heel again
- & Step right together
- 5 Touch left toe slightly forward
- & Step left together
- 6 Touch right toe slightly forward
- & Step right together
- 7 Touch left toe slightly forward & bounce heel
- 8 Bounce left heel again

## TOE SWITCHES, HOLD, (RIGHT) SAILOR STEP, (LEFT) SAILOR STEP

- &9 Step left together while touching right toe out to side
- &10 Step right together while touching left toe out to side
- &11 Step left together while touching right toe out to side
- 12 Hold while clapping hands
- 13 Cross step right behind left foot
- & Step left slightly out to side
- 14 Step right slightly out to side
- 15 Cross step left behind right foot
- & Step right slightly out to side
- 16 Step left slightly out to side

## COASTER FORWARD, COASTER BACK, HIP GRINDS (FORWARD ROCK-RECOVERS)

- 17 Step right forward
- & Step left together
- 18 Step right backward
- 19 Step backward on (ball of) left foot
- & Step together on (ball of) right foot
- 20 Step left forward
- 21 Step right slightly forward while rolling right hip forward
- 22 Shift weight to left foot while rolling left hip backward
- 23 Shift weight to right foot while rolling right hip forward
- 24 Shift weight to left foot while rolling left hip backward

## TRAVELING MCNAMARA (BALL CROSSES), ¼ TURN (RIGHT)

- 25 Cross step in right front of left foot
- & Step left diagonally backward
- 26 Tap right heel diagonally forward
- & Step right diagonally backward
- 27 Cross step left in front of right foot
- & Step right diagonally backward

28 Tap left heel diagonally forward  
& Step left diagonally backward  
29 Cross step right in front of right foot  
& Step left diagonally backward  
30 Tap right heel diagonally forward  
& Step right backward  
31 Cross step left in front of right foot  
32 Unwind  $\frac{1}{4}$  turn right (weight ends on left foot)

**You will be moving slightly backwards on these 8 counts**

**REPEAT**

**RESTART**

**After the 5th wall dance the first 12 counts then restart from the beginning  
I used the music from the (red disk) to choreograph this dance.**

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