

Get Used To It

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Larry Bass (USA)
音樂: Get Used to This - Cyrena



KICK STEP TOUCH, BUMP & BUMP &; KICK & POINT & INWARD POINT & INWARD POINT

1&2 Kick right forward, step right back angling body to right, touch left slightly in front of right
3&4& Bump hips forward, back, forward, back
5&6 Kick left forward, step left beside right, touch right to right
&7 Step right beside left, touch left to left side while turning left knee inward
&8 Step left beside right, touch right to right side while turning right knee inward

$\frac{3}{4}$ ROLLING TURN, COASTER STEP; HIP WALKS

9-10 Step right to right side while turning $\frac{1}{4}$ turn right; turn $\frac{1}{2}$ turn right while stepping left back
11&12 Step right back, step left beside right, step right forward
13&14 Step left forward while bumping hips forward, back, forward
15&16 Step right forward while bumping hips forward, back, forward

ROCK STEP, $\frac{3}{4}$ BACKWARD ROLLING TURN; SAILOR SHUFFLE, BEHIND & ACROSS

17-18 Step left forward; rock back onto right
19-20 Rolling backward, turn $\frac{1}{2}$ turn left & step left forward; turn $\frac{1}{4}$ turn left & step right to right side
21&22 Step left behind right, step right to right side, step left diagonally forward to left side
23&24 Step right behind left, step left to left side, step right across left

SIDE STEP, $\frac{3}{4}$ TURN, FORWARD SHUFFLE; STEP PIVOT, FORWARD SHUFFLE

25-26 Left to left side, turn $\frac{3}{4}$ turn right on ball of left while hooking right across left
27&28 Shuffle forward right, left, right
29-30 Step left forward; pivot $\frac{1}{2}$ turn right onto right
31&32 Shuffle forward left, right, left

REPEAT
