

Get Up & Shuffle

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Chris Cleevely (UK)
音樂: Harlem Shuffle - Bob & Earl



STEP LEFT, TOGETHER; STEP LEFT, TOGETHER; LEFT SIDE SHUFFLE; ¼ RIGHT, ROCK, RECOVER

1-2 Step left to left side, step right by left
3-4 Step left to left side, step right by left
5&6 Shuffle to the left side, stepping left/right/left
7-8 Making ¼ turn right, rock back on right, recover weight on left

FORWARD RIGHT SHUFFLE; WALK, WALK (OR FULL TURN); SLIDE, TOUCH; STEP, TOUCH

9&10 Forward right shuffle, stepping right/left/right
11-12 Walk forward on left, walk forward on right
Or step forward on left & pivot full turn over right shoulder, step forward on right
13-14 Take a large step on left diagonal, slide right towards left
15-16 Take a small step on left diagonal, touch right by left

RIGHT SIDE SHUFFLE; ½ TURN RIGHT, CLAP; ½ TURN RIGHT SIDE SHUFFLE; ½ TURN RIGHT, CLAP

17&18 Shuffle to the right side, stepping right/left/right
19-20 Pivot ½ turn right on ball of right foot, step left to left side & clap
21&22 Making ½ turn right shuffle to the right side, stepping right/left/right
23-24 Pivot ½ turn right on ball of right foot, step left to left side & clap

BACK RIGHT SHUFFLE; BACK LEFT SHUFFLE; WALK BACK RIGHT, WALK BACK LEFT; STEP FORWARD RIGHT, TOUCH LEFT BY RIGHT

25&26 Back right shuffle, stepping right/left/right
27&28 Back left shuffle, stepping left/right/left
29-30 Walk back right, walk back left
31-32 Step forward right, touch left by right

REPEAT
