

Get The L Outta L.A.

COPPER KNOB
STEPSHEETS

拍數: 68 牆數: 4 級數: Intermediate
編舞者: Carol Mckee (AUS)
音樂: Get the L Outta L.A. - Mike Clifford



TOE HEELS X 8

1-4 Step right toe 45 degrees right, drop right heel, step left toe 45 degrees left, drop left heel
5-8 Step right toe back, drop right heel, step left toe back next to right, drop left heel

VINE RIGHT, SCUFF, VINE LEFT, SCUFF

1-4 Step right to right, step left behind right, step right to right, scuff left
5-8 Step left to left, step right behind left, step left to left, scuff right

STEP, LOCK STEP, SCUFF, ½ TURN TRIPLE STEP, TOUCH

1-4 Step right forward, lock left behind right, step right forward, scuff left
5-8 Turning ½ turn right triple step: left-right-left, touch right next to left

SIDE, ROCK, ACROSS, TOUCH, BACK, SIDE, ACROSS, TOUCH

1-4 Step right to right side, rock onto left, step right across left, touch left toe behind right
5-8 Step back onto left, step right to right side, step left across right, touch right toe behind left

COASTER STEP, SCUFF, STEP, LOCK, STEP, SCUFF

1-4 Coaster step: step right back, step left next to right, step right forward, scuff left
5-8 Step left forward, lock right behind left, step left forward, scuff right

FORWARD, ROCK BACK, ½ TURN, HOLD, FULL TURN TRIPLE STEP, TOUCH

1-4 Step right forward, rock back onto left, turning ½ turn right step right forward, hold
5-8 Turning full turn right triple step: left-right-left, touch right next to left

TOE, HEEL, TOE, HEEL, KICK, KICK, BACK, SIDE

1-4 Turning 45 degrees right step right toe forward, drop right heel, step left toe forward, drop left heel
5-8 Kick right forward, kick right forward, step right behind left, turn 45 degrees left step left to left side (face front)

On counts 57-60 (heel, toe, heel, toe) shimmy shoulders

HEEL, TOE, HEEL, TOE, FORWARD, ROCK BACK, BACK, HOLD

1-4 Turning 45 degrees left step right heel forward, drop right toe, step left heel forward, drop left toe
5-8 Step right forward, rock back onto left, step right back, hold

COASTER STEP, TOUCH

1-4 Turning 45 degrees left coaster step: step left back, step right next to left, step left forward (9:00), touch right next to left

REPEAT

TAG

On wall 4, dance to count 32 then

1-2 Step right back, rock forward onto left
3-4 Touch right next to left, hold

Restart dance

RESTART

On wall 7, dance to count 32 then restart dance

ENDING

Dance to count 20 then

- 1&2 Triple step left-right-left $\frac{3}{4}$ right (face front)
 - 3-4 Touch right next to left, step right to right side
 - 5-6 Rock onto left, touch right next to left
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