

# Get Over Yourself

COPPER KNOB  
BY STEPHEN

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Leonie Smallwood (AUS)  
音樂: Get Over Yourself - SHeDAISY



**INTRO:** 30 beats in, on count 'se-ven-&a-8-&' or 'na na na na na na', shrug shoulders - right, left, right, left, right, left

## VINE RIGHT, LEFT, HEEL & TOE TOUCHES

1&2&      Step right to right side, step left in front of right, step right to right side, touch left heel to left 45  
3&4&      Step left to left side, step right in front of left, step left to left side, touch right heel to right 45  
5&6&      Step right in place, touch left toe behind right, replace left, touch right heel in place  
7&8&      Repeat

## STEP KICK IN A CIRCLE, STEP PIVOT TURN STEP

1&2&      Step right in place, kick left forward, step left forward to turn  $\frac{1}{4}$  right, kick right forward  
3&4&      Step right in place to turn  $\frac{1}{4}$  right, kick left forward, step left forward to turn  $\frac{1}{4}$  right, kick right forward  
5-6-7-8      Step right forward, step left forward, pivot  $\frac{1}{2}$  turn right (weight on right), step left forward

## ROCK RETURN (RIGHT, LEFT), PIVOT $\frac{1}{2}$ TWICE

1-2&3-4&      Step/rock right to right side, rock return weight to left, step right beside left, step/rock left to left side, rock return weight to right, step left beside right  
5-6&7-8      Step right forward, pivot  $\frac{1}{2}$  turn left (weight on left), step right together, step left forward pivot  $\frac{1}{2}$  turn right (weight on right)

## CROSS WALK, SHOULDERS

1-2-3-4      Step left across in front of right, step right across in front of left, step left across in front of right, touch right toe behind left  
5-6-7&8      Step right back, step left beside right (apart), shrug right shoulder, left shoulder, pull both feet together (weight to right)

## TURN & COASTER

1-2-3-4      Step left forward, pivot  $\frac{1}{2}$  turn right (weight on right), step left, right to turn  $\frac{1}{2}$  right  
5&6-7-8&      Left coaster step, step right forward, step left beside right (apart), flick right heel up towards left

## REPEAT

## TAG

On the third wall do counts '1&2&3&4&5&6&' then do the intro & restart