

Get Over This

拍數: 32 牆數: 4 級數:
編舞者: Greg Lawrence
音樂: Get Over It - Eagles



KICK BALL POINT & SWITCH, PAUSE, SWITCH & SWITCH & SWITCH, SNAKE ROLL

1 Weight on left, kick right forward.
&2 Replace right beside left and point left to left side
&3 Switch left beside right, and point right to right side
4 Pause
&5 Switch right beside left and point left to left side
&6 Switch left beside right, and point right to right side
&7 Switch right beside left and point left to left side
8 Drag right to left while snake rolling to left

HEEL, TOE, HEEL, TOE, COASTER STEP, ½ PIVOT

9 Swivel right heel to right
10 Swivel right toes to right
11 Swivel right heel to right
12 Swivel right toes to right, transfer weight to right.
13&14 Left coaster with a ¼ turn to left wall of dance
15-16 Step right forward and pivot half turn to right wall of dance

OUT, OUT, DIP POINT, HEEL & HEEL ¾ UNWIND

&17 Out right, out left just wider than shoulder width apart
18 Bend both legs and dip slightly
19 Rise, weight on right, angle body to front wall, lean back slightly, point left
20 Pause
21&22 Swivel both heels left, right, left, face right wall of dance.
23-24 Step right behind left and ¾ unwind, face front wall of dance

TOE & TOE, ¾ UNWIND, HEEL & HEEL, REPLACE & STEP DRAG

25& Touch right toe forward & right beside left
26& Left toe forward & left beside right
27-28 Cross right behind left and ¾ unwind, face left wall of dance
29& Touch right heel forward & right beside left
30& Left heel forward & left beside right
&31-32 Place left beside right, step right forward, drag left to right

REPEAT
