

Get Over This

拍數: 32 牆數: 4 級數:
編舞者: Greg Lawrence
音樂: Get Over It - Eagles



KICK BALL POINT & SWITCH, PAUSE, SWITCH & SWITCH & SWITCH, SNAKE ROLL

- 1 Weight on left, kick right forward.
- &2 Replace right beside left and point left to left side
- &3 Switch left beside right, and point right to right side
- 4 Pause
- &5 Switch right beside left and point left to left side
- &6 Switch left beside right, and point right to right side
- &7 Switch right beside left and point left to left side
- 8 Drag right to left while snake rolling to left

HEEL, TOE, HEEL, TOE, COASTER STEP, ½ PIVOT

- 9 Swivel right heel to right
- 10 Swivel right toes to right
- 11 Swivel right heel to right
- 12 Swivel right toes to right, transfer weight to right.
- 13&14 Left coaster with a ¼ turn to left wall of dance
- 15-16 Step right forward and pivot half turn to right wall of dance

OUT, OUT, DIP POINT, HEEL & HEEL ¾ UNWIND

- &17 Out right, out left just wider than shoulder width apart
- 18 Bend both legs and dip slightly
- 19 Rise, weight on right, angle body to front wall, lean back slightly, point left
- 20 Pause
- 21&22 Swivel both heels left, right, left, face right wall of dance.
- 23-24 Step right behind left and ¾ unwind, face front wall of dance

TOE & TOE, ¾ UNWIND, HEEL & HEEL, REPLACE & STEP DRAG

- 25& Touch right toe forward & right beside left
- 26& Left toe forward & left beside right
- 27-28 Cross right behind left and ¾ unwind, face left wall of dance
- 29& Touch right heel forward & right beside left
- 30& Left heel forward & left beside right
- &31-32 Place left beside right, step right forward, drag left to right

REPEAT
