

Get Over Here!

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mark Cosenza (USA)
音樂: Move In My Direction (Radio Edit) - Bananarama



WALK, WALK, STEP & TURN, WALK, WALK, STEP & TURN

- 1-2 Walk forward right, left (12:00)
- 3&4 Step right next to left and turn $\frac{1}{4}$ left on balls of feet (9:00)
- 5-6 Walk forward right, left
- 7&8 Step right next to left and turn $\frac{1}{4}$ left on balls of feet (6:00)

WEDDING MARCH STEPS FORWARD, HEEL, TOE, PIVOT SHOULDER TURN

- 1-2 Step forward right, touch left next to right (wedding march style)
- 3-4 Step forward left, touch right next to left (wedding march style)
- 5-6 Right heel forward, touch right toe back
- 7-8 Pivot $\frac{1}{4}$ right by rotating shoulders to the right as you turn - weight shifts to right (3:00)

KICK FORWARD & SIDE, CROSS BEHIND, UNWIND, FULL TURN, CROSS ROCK, RECOVER

- 1-2 Kick left forward, kick left side
- 3-4 Cross left behind right, unwind $\frac{1}{2}$ left onto left (9:00)
- 5-6 Step onto right and turn $\frac{1}{2}$ left, step onto left turn $\frac{1}{2}$ left (movement towards 9:00 wall on turns)
- 7-8 Cross rock right, recover

DIAGONAL BACK WEAVE, LARGE BACK STEP, DRAG AND STEP

- 1-2 Moving back diagonal right (for all 8 counts): step back on right, cross left in front
- 3-4 Step back on right, cross left behind right
- 5-8 Take a large step back on right and extend left hand out palm up diagonal left and bring arm in as you drag left towards right, step down on left on count 8

Optional: for an even more styled type of hand motion, use both arms and begin at chest sweep out to the left and back in

REPEAT