

Get Outta My Way

拍數: 40 牆數: 4 級數: Improver
編舞者: Dawn Rathbun (USA)
音樂: Get Outta My Way - Carolina Rain



STEP SIDE SLIDE, STEP WIDE SIDE TOUCH, ROLLIN' VINE LEFT WITH TOUCH

1-2 Step side right, slide left in (weight left)
3-4 Step side wide right, touch left next to right
5-6 Step forward left $\frac{1}{4}$ left, step back right $\frac{1}{2}$ left
7-8 Step side left $\frac{1}{4}$ left, touch right next to left

Beginner option:

5-6-7-8 Vine left: step side left, cross right behind left, step side left, touch right next to left

MAMBO FORWARD, MAMBO BACK, 2X $\frac{1}{4}$ PIVOTS

1&2 Step forward right, recover back left, step back right
3&4 Step back left, recover forward right, step forward left
5-6 Step forward right, pivot $\frac{1}{4}$ left (weight on left)
7-8 Step forward right, pivot $\frac{1}{4}$ left (weight on left)

Beginner option:

1-2-3-4 Rockin' chair: step forward right, recover back left, step back right, recover forward left

JAZZ BOX WITH CROSS, & HEEL JACK, HOLD, & $\frac{1}{4}$ PIVOT

1-2 Cross right over left, step back left
3-4 Step side right, cross left over right
&5-6 Step back right, tap left heel forward, hold
&7-8 Ball left next to right, step forward right, $\frac{1}{4}$ pivot left (weight on left)

WALK, STOMP, STOMP, $\frac{1}{4}$ SWIVEL, $\frac{1}{2}$ SWIVEL, WALK 3X, TAP HEEL FORWARD

1-2-3 Step forward right, stomp left slightly back, stomp right in place
&4 Swivel heels left (slight $\frac{1}{4}$ turn right with body full turn of head), swivel heels right (past original position) $\frac{1}{2}$ turn left (brings you back to your front wall)
5-6 Step forward left, step forward right
7-8 Step forward left, tap right heel forward

& BALL CROSS, $\frac{1}{2}$ UNWIND, SHUFFLE SIDE, $\frac{1}{4}$ ROCK, SHUFFLE FORWARD

&1-2 Ball right, cross left over right, $\frac{1}{2}$ turn right (weight on left)
3&4 Step side right, slide left to right, step side right
5-6 Cross left behind right stepping $\frac{1}{4}$ left, recover weight forward right
7&8 Step forward left, slide right to left, step forward left

REPEAT

Music stops close to end of song during wall 6 (facing 3:00). Just keep dancing. It fits well with the words & steps