

Get Out Today

COPPER KNOB
STEPPING SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Nick Holoway (UK)
音樂: Spread a Little Love Around - Darryl Worley



WALK FORWARD RIGHT, LEFT, RIGHT SHUFFLE FORWARD, LEFT SHUFFLE ½ TURN RIGHT, RIGHT SHUFFLE FORWARD

1-2 Step forward right, step forward left
3&4 Step forward right, close left beside right, step forward right
5&6 Shuffle step forward making ½ turn right, stepping - left, right, left
7&8 Step forward right, close left beside right, step forward right

WALK FORWARD LEFT, RIGHT, LEFT SHUFFLE FORWARD RIGHT SHUFFLE ½ TURN LEFT, LEFT SHUFFLE FORWARD

1-2 Step forward left, step forward right
3&4 Step forward right, close left beside right, step forward right
5&6 Shuffle step forward making ½ turn right, stepping - left, right, left
7&8 Step forward right, close left beside right, step forward right

COASTER STEP FORWARD RIGHT, COASTER STEP LEFT, ROCK RIGHT, BEHIND AND CROSS

1&2 Step forward right, step left beside right, step back right
3&4 Step back left, step right beside left, step forward left
5-6 Rock to right side on right, rock onto left in place
7&8 Step right behind left, step left to left side, cross right over left

LEFT TOGETHER, LEFT TOUCH, COASTER STEP RIGHT, SAILOR ¼ TURN STEP LEFT

1-2 Step left to left side, bring right beside left
3-4 Step left to left side, touch right beside left
5&6 Step back right, step left beside right, step forward right
7&8 Step back left making ¼ turn left, step right beside left, step forward left

REPEAT

RESTART

Restart on the back wall after section 2 once only first time round
