

Get Out There

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Diane Kale (USA)
音樂: If You Wanna Dance - Nobody's Angel



Choreographed for the "Good Life Games" in Pinellas County Florida 2007

STEP DIAGONAL RIGHT, HIP BUMPS TWICE, STEP DIAGONAL LEFT, HIP BUMPS TWICE, ROCK RECOVER, BUMP, BUMP, BUMP

1-2 Step right diagonal right and bump right hip twice
3-4 Step left diagonal left and bump left hip twice
5-6 Rock back right, recover forward left
7&8 Step right foot to right (shoulder width apart) and bump hips, right, left, right
Styling on 7&8 as you bump hips, put arms down at sides with palms facing the floor and rock shoulders starting with right, down, up, down

DIAGONAL SHUFFLES LEFT, SHUFFLE ¼ TURN RIGHT, QUICK CHANGE, JAZZ, CROSS

1&2 Left step diagonal left, step right next to left, step left forward
3&4 Right step ¼ right, step left next to right, step right forward (3:00)
& Quickly step onto left
5-6-7-8 Cross step right over left, left step back, right step next to left, left cross step over right

SHUFFLE RIGHT DIAGONAL, SHUFFLE LEFT DIAGONAL, ½ TURN LEFT, WALK, WALK

1&2 Step right diagonal right, step left next to right, step right forward
3&4 Step left diagonal left, step right next to left, step left forward
5-6 Execute a ½ turn left stepping back on right and stepping forward onto left (9:00)
7-8 Walk forward right, left

Option for 7-8: do a full turn left stepping forward right, left

RIGHT VINE, TOUCH HITCH, LEFT VINE, TOUCH, HITCH

1-2-3 Right step right, left step behind right, right step right
&4 Touch left out to left side, touch left next to right
5-6-7 Left step side left, right cross step behind left, left step side left
&8 Right touch out to right side, right touch next to left

Option: for counts 1-2-3 and 5-6-7 execute a turning vines

Option: for 4 and 8 hitch knee next to opposite leg

REPEAT