Get Me Some

級數: Intermediate/Advanced



拍數: 32

編舞者: Warren Mitchell (AUS)

音樂: Get Me Some - Mercury 4

Position: Start facing 9:00 wall

- &1-2 Flick right foot behind left leg making ¼ turn right, step right forward, step left forward
- 3& Jump feet apart, jump right to center lifting left foot slightly behind right leg
- 4& Jump feet apart, jump left to center lifting right foot slightly behind left leg
- 5& Rock right forward, step left on spot making ½ turn to right

牆數:4

- 6& Step right forward, step left forward
- 7&8 Step right together, bounce heels on floor twice in place (slightly bending knees)
- 1&2 Rock right to right, step left on spot, step right together with left
- &3 Twist heels to left making ¹⁄₄ turn right (end with weight on left), kick right forward
- &4& Step right together with left, touch left toe back, click fingers forward
- 5&6 Touch left toe forward, bounce left heel on floor twice (taking weight on left)
- 7&8 Touch right toe forward, bounce right heel on floor twice (taking weight on right)
- 1&2 Rock left forward, step right on spot, step left slightly back
- 3&4 Rock right back, step left on spot, step right slightly forward
- 5&6 Step left forward, make 1⁄4 turn to right then step right to right, step left over right
- 7&8 Hold, step right to right, step left over right
- &1 Step right slightly back, touch left heel forward at 45*
- &2 Step left on spot, step right over left
- &3 Step left slightly back, touch right heel forward at 45*
- &4 Step right on spot, step left slightly forward
- 5-6 Rock right forward, step left on spot
- &7-8 Make ¹/₂ turn to right, step right forward, step left together

REPEAT

TAG

Completed at end of wall 3

1-2-3-4 Large step right to right, drag left together with right (2 counts), step left together with right I'd like to thank Cathryn Proudfoot for her input on this dance!