

# Get Loud

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Linda Burgess (AUS)  
音樂: Let's Get Loud - Jennifer Lopez



- 1-2            Cross/rock right over left, replace weight to left  
3&4           Shuffle to right side (right-left-right)  
5-6           Turn ¼ right, step forward on left & pivot ½ turn right  
7&8           Shuffle forward left (left-right-left)
- 1&2           Mambo steps - (knees slightly bent) step right to right side, step left in place, step right beside left  
3&4           Mambo steps - (knees slightly bent) step left to left side, step right in place, step left beside right
- Look to right on count 1, look front on count 2, repeat to left count 3 etc**  
5-6           Step forward right, pivot ½ turn left (weight on left)  
7&8           Kick right forward, ball change right-left
- 1&2           (Cross samba) cross right in front of left, step left to left side on ball of foot, step right in place  
3&4           Shuffle forward left (left-right-left)  
5&6           Turn ½ turn right shuffle forward right (right-left-right)  
7&8           Turn ½ turn left shuffle forward left (left-right-left)
- 1&2&           (Right heel ball cross & step/hop) tap right heel to a right 45 degrees, step back on ball of right foot, cross left in front of right, hop weight onto right (count &)  
3&4&           (Left heel ball cross & step/hop) tap left heel to a left 45 degrees, step back on ball of left foot, cross right in front of left, hop weight onto left (count &)  
5-6           Step forward right, pivot ½ turn left (weight on left)  
7-8           Turn ½ turn left step back on right, turn ½ turn left & step forward on left (full turn left)

## REPEAT

## RESTART

On walls 2 & 10, just dance the first 16 counts on both these walls, then restart the dance from the beginning

## FINISH

Step forward on right foot to a left 45 degrees and raise arms up to a "V" above head on last count

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